

Lunch

Monday - Friday

12 p.m. | Heritage Lounge

Cost: \$12 - Members 55+ | \$15 - Guests and Members

For lunch reservations and cancellations call 913-327-8044.

Alternative entrees of garden salad, egg salad, gefilte fish or tuna salad are available with prior notice by 10 a.m. All meals are kosher and supervised by the Vaad Hakashruth of Kansas City.

Monday		Tuesday		Wednesday		Thursday		Friday	
1	16 Sivan	2	17 sivan	3	18 Sivan	4	19 Sivan	5	20 Sivan
Grilled Salmon		Asian Beef Bowls w/ Rice		Roasted Veggie Pizza		Sesame Chicken w/ Veggies		Blintz Souffle	
Movie, 1 p.m.				Day Trip: Monarchs, 11:30 a.m Tech Time, 3 p.m.				Yiddish Club, 1:30 p.m.	
8	23 Sivan	9	24 Sivan	10	25 Sivan	11	26 Sivan	12	27 sivan
Chef Salad w/ Turkey & Egg		Lasagna Roll		Asian Chinese Chicken Salad		Spinach Quiche w/ Roasted Veggies		Grilled Salmon	
Bridge, 1 p.m.		Uncovering Stories, 1 p.m.		Tech Time, 3 p.m.		Day Trip: Steamboat Arabia, 9 a.m. J Tangle, 1 p.m.		Yiddish Club, 1:30 p.m.	
15	30 Sivan	16	1 Tamuz	17	2 Tamuz	18	3 Tamuz	19	4 Tamuz
Orange Glazed Chicken		Tuna Nicoise		Asian Beef Bowls		Quiche		Roasted Veggie Pizza	
Movie, 1 p.m.				Tech Time, 3 p.m.				Yiddish Club, 1:30 p.m.	
22	7 Tamuz	23	8 Tamuz	24	9 Tamuz	25	10 Tamuz	26	11 Tamuz
Sesame Chicken w/ Veggies & Rice		Cheese Blintz Souffle		Lasagna Roll		Asian Chinese Chicken Salad		Spinach Quiche w/ Roasted Veggies	
Bridge, 1 p.m.		Disco Happy Hour, 6 p.m.		Lizzy Bennet, 1 p.m. Tech Time, 3 p.m.		J Tangle, 1 p.m.		Yiddish Club, 1:30 p.m.	
29	14 Tamuz	30	15 Tamuz	June					
Grilled Salmon		Orange Glazed Chicken							
Bridge, 1 p.m.									