



Jewish Community Center of Greater Kansas City
5801 W. 115th Street
Overland Park, KS 66211

J Camp Parent Handbook

Summer 2025



J Camp Website: www.JCampKC.org

J Camp Facebook Page: www.facebook.com/JCampKC

J Camp Instagram: JCampKC

J Camp Summer Office Phone Number: 913-327-8060

Barry Birkmeyer, Director of J Camps
913-327-8098
barrybirk@thejkc.org

Casey Reed, Assistant Director of J Camps
913-327-8079
caseyr@thejkc.org

Misty Moore, J Camp Admin Assistant
913-327-8004
mistym@thejkc.org

Camp Absences & Late Arrivals
913-327-8060 (6/3-8/8)
campinfo@thejkc.org

Table of Contents

General Information - All School-Age Camps	3
Required Forms	3
Parent Orientation Meetings	3
J Camp Mission and Judaic Programming	3
Arrival and Departure of Campers	4
Absences	4
What to Bring to Camp	5
Lost and Found	5
Lunch and Snacks	6
Health and Safety	6
Emergency Procedures	6
Transportation	7
Camper Expectations and Behavior	7
Camp Activities	8
J Camp Calendar 2025	9-10
Barney Goodman Camp	11
Sports Camp	12
BOOM! Camp	13
Ma'asim Tovim	14
Ma'asim Tovim Calendar	15
Challenge	16
Art Camp	17
Culinary Camp	18
Dance Camp	19
LEGO Camp	20
Next Level Sports Camp	21
STEM Camp	22-23
Theatre Camp	24
Triathlon Camp	25
Short Term Medication Authorization Form	26
Long Term Medication Authorization Form	27
J Camp Store Order Form	28
Hy Vee Lunch Summer Menu	29-30
Lunch Form	31
Kosher Lunch Menu Sample	32
Drop-Off and Pick-Up Map	33

General Information - All School Age J Camps

Please note the following important reminders:

- **J Camp is a Nut Free Zone. Please do not send anything with peanuts or nuts.** See p. 6 for more information.

For Enhanced Security Purposes

- No parking in the circle drives of The Jewish Campus. See pg. 4 for specific drop-off and pick-up information.

Required Forms: Campers **must have the following forms completed** before attending J Camp:

- Signed Enrollment Form – and Electronic Health Form - Camp Doc
- Medication Form - **If sending medications to J Camp. Please see pg. 26 - 27**

School Age Camps Parent/Camper Orientation

Barney Goodman, Sports Camp, BOOM! Theatre, Art, Dance, LEGO, STEM, Culinary, and Triathlon Camps

Wednesday, May 28, 2025 at 6:30 p.m. Social Hall of the Jewish Community Campus

This meeting is to go over updated program information and review Camp information in this Parent Handbook.

Campers may attend with parents to meet the counselors for the first week of Camp.

Ma'asim Tovim Parent/Camper Orientation

Wednesday, May 28, 2025 at 7:00 pm Conference Room C of the Jewish Community Campus

For parents and Campers attending Ma'asim Tovim this summer.

You will meet the Ma'asim Tovim staff and receive updated program information and review Camper expectations.

The J Mission: The mission of The J is to build a strong, vibrant, and inclusive community that enhances wellness, meaning and joy, based on Jewish values, heritage, and culture. J Campers learn new skills, increase knowledge and gain life skills through teamwork, group decision-making, and leadership. Trained staff lead activities which establish positive youth and adult relationships, cooperation, and socialization skills.

Judaic Programming: Daily activities are enriched by Jewish values and culture. Campers complete mitzvah projects to help others in our community, and participate in activities imparting Jewish *ruach* (spirit). Campers participate in a Shabbat experience every Friday afternoon, and parents are welcome to attend.



J Camp Middot (Values)

- **Chesed** (Kindness) - We treat one another with kindness and compassion. We support, encourage, and model this behavior at J Camp.
- **Kavod** (Honor/Respect) - We honor and value ourselves and others by being tolerant and accepting. We are considerate of the feelings of others. We treat others as we would like to be treated. We are supportive and compassionate.
- **Acharayut** (Responsibility) - We are accountable for our actions, words, and attitude. We are responsible for ourselves, and one another.
- **Shituf Peulah** (Cooperation) - We listen, communicate, participate, and ask for help when needed. By telling the truth, following directions, and by being willing to try new things, we are creating a fun and safe J Camp community.

We Live These Values at The J

Welcoming + Inclusive-Hachnasat Orchim We are welcoming, inclusive, and nurturing. We invite all to join us in making connections and lifelong friendships.

Building Community-Kehilla We believe in the strength of community and we seek to cultivate a sense of belonging in all we do.

Enriching Mind + Body + Soul-Ha'asharah We help individuals live a physically, intellectually, and emotionally healthy lifestyle.

Passing on Jewish Culture + History-M'dor L'dor We celebrate and pass on the values, culture, history, and traditions of the Jewish people.

Treat Others As You Wish To Be Treated-V'ahavta We treat everyone with respect, dignity and loving kindness.

Arrival and Departure - All J Camps

J Camp Schedule: Camp runs June 3 – August 1 from 9:00 a.m. to 4:00 p.m., Monday through Friday. Please arrive on time. Early Care and Late Care are currently full. Early Care is 7:00 - 9:00 a.m. and Late Care is 4:00 - 6:00 p.m.

Absences: Please notify the Camp Office Manager if your child will be absent or late in arriving. To report J Camp absences or late arrivals (6/3-8/8), please call the Camp Office at 913-327-8060. To notify Early Care and Late Care staff, please call 913-327-8097.

Regular Camp Drop-Off - Car Line: **There will be two separate drop-off locations. See the map page on the last page.** Drop-off is from 8:45 to 9:10 a.m. for all school-age Campers who are not in Early Care. Staff will be curbside to check-in Campers and make sure they get to their counselor. Please be patient. Especially on Mondays, as campers get acquainted with where their group is located.

- Parents of Barney Goodman and Specialty Campers will pull up to the Hyman Brand Hebrew Academy (HBHA) outdoor basketball court area in a single file line next to the curb.
- Parents of Sports Camp, BOOM!, Ma'asim and Challenge Campers will pull up near the batting cage by the Camp Office in the Loading Dock parking lot near the pool. Drive in a single file line next to the curb.
- If parents have children in more than one Drop Off location, we will walk your child to their group. Please choose the drop-off location with your youngest child. Or the location where you have the most children being dropped off. Parents can choose to drop off at both locations and will need to wait in both Car Lines.

Regular Camp Pick-Up: **There will be two separate pick-up locations. See the map on the last page.** Pick-up is from 3:45 to 4:10 p.m. Campers wait with their groups. Staff will greet parents and ask for the camper(s) name. Parents should show their J Camper Names Card (available the first day). Staff will radio the Camper names and have the Campers come to the car. Please be patient as it may take a while to get the camper to the car. Especially on Monday.

- Parents of Barney Goodman and Specialty Campers will drive up to the HBHA outdoor basketball court area in a single file along the curb and hold up your J Camper Name Card or give staff the name of the camper.
- Parents of Sports Camp and BOOM!, Ma'asim Tovim and Challenge Campers will pull up near the batting cage by the Camp Office in the Loading Dock parking lot near the pool. Drive in a single file line next to the curb.
- If parents have children at both locations, we will walk your child to the other drop off location. However, please allow extra time to do so. Please choose the drop off location with your youngest child, or the most children. Parents can also choose to pick up at both locations and will need to wait in both Car lines.

J Camper Name Card: Parents using the Carpool Lane pick-up will be given a J Camper Name Card to identify their children. The cards make it faster for staff to understand the name of the child/ren that parents are picking up.

Early Care and Late Care: The J Camp hours are 9:00 a.m. to 4:00 p.m. Early and Late Care are currently full. Those dropping off or picking up for Early and Late Care **must have a J Turnstyle fob, use their J Member App, or bring a valid photo ID.**

- Early Care is from 7:00-9:00 a.m. Late Care is from 4:00-6:00 p.m. Note: Parking is not allowed in any circle drive of The J.
- Early Care: Parents are asked to escort their child(ren) to the After-School Rooms, upstairs of the main lobby. Park in the parking lot and enter The Jewish Community Campus main entrance. Parents need to accompany and sign-in their Camper(s). Take the elevator or stairs up to the third level. At 8:45 a.m. Early Care Campers will be walked to the Camp drop-off point on the HBHA outdoor basketball courts to join their Camp group for the day. Note: Parking is not allowed in any circle drive of The J.
- Late Care: At 4:00 p.m., those Campers registered for Late Care will be taken with their belongings to the ASK Room on the upper level of The J. Children remaining at pick-up after 4:10 p.m. will be brought to Late Care, and parents will be charged. Parents picking up Campers at Late Care should park in the parking lot and enter the main J entrance. Take the elevator or stairs up to the third level to the Hallway outside the ASK Room. We ask that parents sign-out their Camper(s).

Leaving Camp Independently: Parents can give permission in CampDoc for Campers entering fifth grade or older to leave Camp independently. Campers with signed permission will be released from their Camp group at 3:45 p.m. to go to the Main Lobby of The J. Those who are J members may choose to go to Fitness Center lobby, the Pool or the gym if there is an open gym. Campers may not wander or gather in any other areas of the Jewish Campus. Campers will not be supervised during this time. Independent Campers must behave appropriately and remain in approved areas. Campers not following the rules may lose their privilege to be independent or unsupervised in the building or Campus grounds.

Late Arrival or Early Pick-Up: Late arrivals and early departures disrupt the Camp day for your child(ren). Try to arrive and leave within the drop-off and pick-up times listed. If you know in advance that you will be arriving late or need to pick-up early, please contact The J Camp Office at 913-327-8060 or Campinfo@thejkc.org to make arrangements. **If arriving late, you MUST check your child in at the Camp Office** so that we can account for all Campers. **If you are picking up your child early at the Camp Office, you must pick them up by 3:15 p.m., or plan to pick them up at the Car Line which starts at 3:45 p.m.** On Fridays, no pick up between 3:00 and 3:45 because of our Shabbat Celebration. Parents may temporarily park next to the Camp Office, between the Pool and the ballfields to drop off and pick up their child. See the map on page 31 for the location of the Camp Office.

Rainy Day Drop-Off or Pick-Up: Depending on the weather, we may need to move the locations of the drop off or pick up location. If there is heavy rain or lightning, we will move the Drop Off or Pick-Up location to the Main Entrance (off 115th Street), circle drive. See the map on the last page. Please be patient as this will take more time - especially for Pick-Up.

Change in Drop-Off or Pick-Up: Changes to our Drop Off and Pick Up are generally the result of a last-minute change in weather or circumstances. We will attempt to inform parents by staff posted at the prior location, or by email if we have advance notice.

Leaving with Person Other Than Parent: All those who pick up your child need to be listed on your enrollment form on CampDoc. If your child needs to leave with a person other than those listed, the custodial parent must contact the Camp Office at 913-327-8060 to give the name and phone number of the person who is being added to pick-up their child. That person may be asked to provide a driver's license or identification.

Camp Office: J Camp is based out of the Camp Office, which is located adjacent to the baseball fields, and across from the pool. To get to the Camp Office, come in the Jewish Campus entrance off of 117th Street and take the road between the pool and the baseball field. The Camp Office is the long brown building next to the baseball fields and across from the Pool. There is a sign on the building. [See the map on the last page.](#)

Rainy Days: J Camp will be held rain or shine. We have indoor space available to do programming. Please send along a jacket or raincoat depending on the weather. We may alter plans for the Car Line if there is heavy rain. See the map on the last page. Staff will be posted at the HBHA parking lot if the drop-off is altered to let parents know about the switched location.

What to Bring to Camp

What to Bring: Campers need to **bring a water bottle (every day!)**, backpack, swimsuit and towel, lunch, unless pre-purchased lunch, and sunscreen. **Please put your child's name on everything!** Those bringing lunch, will put their lunch in a group lunch bag that will go in the refrigerator. Campers will keep all of their belongings with their backpack. **Please label ALL belongings with first and last name.**

What to Leave at Home: Toys, stuffed animals, electronics, Pokémon cards and fidgets. **Prohibited items:** Campers are not allowed to have cigarettes, chewing tobacco, alcohol, weapons and any controlled substances. **Pets are not permitted without the Camp Director's permission.**

Clothing and Shoes: Camp is fun and can be messy! Please do not send your child in expensive shoes or clothing. Closed toed shoes (like tennis shoes) are required for some activities at Camp. Sandals, flip-flops, or Crocs are not safe for some Camp activities. Campers can bring flip-flops to wear only at the pool. Be sure your child is dressed appropriately for the weather.

Swimsuit and Towel: We plan for J Campers to swim each day, (weather and schedule permitting). Swim shirts are encouraged. Campers can use their towel or bring a swim cover to wear to and from the pool.

Sunscreen: Please put sunscreen on your child before they arrive. Counselors will schedule times for campers to re-apply sunscreen during the day. You may send sunscreen with your child. **Or the J Camp Counselor will have sunscreen that they can put on your child. The sunscreen will be a SPF of 50.** If sending sunscreen, please put your child's name on it. Counselors help campers as needed to re-apply during the day.

Personal Sports Equipment: For some sports sessions, Campers are asked to bring personal equipment. These are listed in this handbook, primarily with Sports Camp. Please make sure your Camper's name is labeled clearly on the equipment and please do not send anything expensive.

Lost and Found: The Lost and Found is located at the Camp Office and in the hallway near the ASK and AKK Rooms, above the main lobby. J Camp staff will help children keep their possessions with them. If items are left at the gym, pool, locker rooms or in the Fitness and Sports area, some items may also be in the Lost and Found near the Fitness and Sports Desk. **Please label all belongings with first and last name.**

J Camp T-Shirt: Each Camper will receive a 2025 J Camp t-shirt during the first week that they attend Camp. Campers are to wear their 2025 J Camp t-shirt on field trip days. Ma'asim Tovim Campers will be notified when they are to wear their 2025 J Camp t-shirt.

Birthdays: If your child's birthday falls during Camp, you may arrange to provide a Kosher snack for the Campers in your child's group. The snack needs to be Kosher and nut-free. To comply with our *kashrut* policy (Kosher foods), we ask that you do not bring food to share in Camp without contacting our office first to get information about possible allergies and ideas for Kosher snacks. Kosher items have a Kosher symbol on them. Kosher baked goods can be found in designated areas at the Hen House on 117th and Roe. Call The J Camp Office, 913-327-8060 in advance to let us know your plans to bring treats. Below are a few of the common Kosher symbols generally found on the front or back of the package.



Lunch and Snacks

Lunch: During J Camp, Campers have the option to **bring** a sack lunch or to pre-order and **purchase** catered lunches by the week through Camp Doc. When bringing lunch, please no nuts, pork, or shellfish. Juice and water are provided daily.

Nut-Free Camp: A significant number of Campers have severe allergies to nuts. This means that they cannot eat or even touch nuts or foods made with nuts. These allergies are potentially life-threatening. Health and safety have always been top priorities for The J, so we request that you do not include any nuts or food made with nuts in your child's lunch. Some good alternatives for peanut butter are Wowbutter or Sunbutter. Campers can also bring a sandwich with items such as cheese, turkey, tuna, cream cheese, and jelly. Sack lunches are refrigerated, and soft lunch bags are preferred.

When Purchasing Lunch, there are two options. *See Lunch purchasing information on pages 29-31*

- Hy-Vee will provide a Kosher-style meal which will not contain nuts.
- The J Heritage Center Kitchen will provide a Vaad supervised Kosher lunch which will not contain nuts.
- Lunches are sold on a pre-order basis by the full week, or part-time Campers can choose a part-time option.
- Because lunches are pre-ordered and prepared ahead of time, lunches must be pre-purchased for each week by the Wednesday before the week attending. No individual lunches will be available.

Snacks: Campers will be provided with a nut-free Kosher snack each morning and afternoon. Parents may choose to send a non-refrigerable snack with their child if they have allergies or are very picky eaters. J Camp does provide a gluten-free and a dairy free snack option for those with allergies. Please make sure you have noted allergies in the CampDoc health information.

Health and Safety Information

CampDoc is our electronic Health Information system. Parents are required to complete CampDoc for each of their campers. For returning Campers, information will need to be updated each year. All information is kept confidential and shared with staff only when necessary.

Health Practices and Information

1. Prescription and non-prescription medications will be given according to instructions and with parental permission.
2. If your child requires prescription medicine during the day, send it in the original pharmacy container only. You will also need to **complete the Medications Authorization form**—*see pg. 26-27*. This is required by the Kansas Department of Health and Environment.
3. For the protection of Campers and staff members, please do not send your Camper to Camp with a fever, or any communicable disease. Guidelines as determined by The Johnson County Health Department will be observed for readmission. To return, children must be fever-free for 24 hours, and 24 hours after an episode of diarrhea, or vomiting. Parents must report to the Camp Health Care Supervisor any exposure to communicable diseases.
4. If your child develops any symptoms of a communicable disease at Camp, the child will be isolated. Please arrange to pick up your child as soon as possible.
5. You will be informed if your child has been exposed to a communicable disease while participating in Camp.
6. For your information, The J is a smoke-free facility.
7. If your child has a specific medical need, please contact Barry Birkmeyer, Camp Director to discuss your child's specific needs.

First Aid: Many of our J Camp staff are certified in First Aid/CPR/AED. First Aid will be administered when necessary and parents will be notified. Should the injury require emergency assistance, 911 will be called. In this event, parents will be contacted immediately.

Emergency Procedures: J Camp Staff will be trained on emergency procedures and will rehearse procedures during staff training. Camp Staff will use two-way radios to communicate. Our first priority is the safety of our Campers. Once Campers are secured, and it is safe to communicate, parents will be contacted as soon as possible. If you have any questions, contact Barry Birkmeyer, Camp Director, at barrybirk@thejkc.org or 913-327-8098.

Field Trips: In enrolling Campers for J Camp through CampDoc, parents complete a permission waiver for their child to go on Camp field trips when they are part of The J Camp program. A calendar of field trips and special events is part of the information sent by email to parents and is located in this handbook as well as on The J Camp website. Parents will be notified if an additional waiver is required by the field trip location.

Sasone Program for Campers with Special Needs: The Jewish Community Center is able to support a limited number of children with special needs for J Camp. Campers are accepted after an application process, and when Paras are available and when Para support allows campers to participate in J Camp group activities. Staff and Paras work to modify and adapt program experiences and provide Para support as available. Parents must annually complete an application. Campers must be accepted by the Camp Director before the parent may enroll their child with special needs in the J Camp program. If you have any questions, please contact Barry Birkmeyer at barrybirk@thejkc.org. In addition to the enrollment fees, families are asked to pay a portion of the Para cost. Space is limited. Financial assistance is available for Para support. Funding by Sasone, a department of the Jewish Federation, and other funders provide critically needed support for children identified with developmental or special needs to participate in a group in J Camp programs.

The J is Welcoming and Inclusive: The Jewish Community Center is open to participants regardless of age, race, color, creed, handicap, gender, or national origin in the program enrollment process. Programs may have their own requirements based on safety guidelines.

Transportation: Campers will be transported for field trips primarily by the First Student Bus Company. Field Trip dates and locations are on The J Camp Calendar, on [pg. 9-10](#). The calendar is also on The J Camp website. For information about Ma'asim Tovim transportation, [see pg 14](#).

Campers will be oriented to the rules for transportation:

1. All Campers should remain seated at all times while being transported, with hands and arms inside the vehicle.
2. When seatbelts are required, they must be fastened securely at all times.
3. Campers are to keep the noise level down, so they do not distract the driver. There should be no throwing of objects or other disruptive behavior that could distract the driver.
4. Campers should enter and leave the vehicle under the direction of J Camp staff.
5. Campers are to take all trash from the vehicle and throw it away in the proper garbage can.

Facilities: Camp takes place at The Jewish Community Campus. J Camp coordinates the use of indoor and outdoor facilities with other programs on the Campus. Barney Goodman, Sports Camp, and BOOM! Campers spend approximately 70% of the day outdoors unless it is raining or extremely hot. On days when the temperature rises above 95 degrees, Campers spend limited time outside after lunch in addition to their swim time.

Camper Expectations and Behavior

Camper Expectations: We want all Campers to have fun at J Camp! Counselors will go over rules and procedures with Campers.

1. Stay with your group and your counselor. Always follow the instruction of J Camp staff promptly.
2. Stay within the boundaries set for specific activities.
3. Use appropriate language. No swearing or put-downs.
4. Be kind. Treat others fairly. Respect others and their belongings. Keep your hands to yourself.
5. Walk in a quiet and orderly way in The Jewish Community Campus hallways.
6. Put away personal belongings in the space provided. Clean up after yourself.
7. When eating, sit, use a quiet voice, use good table manners, and clean up the area when finished.

Campers are expected to follow the rules of the program and obey the direction of the Camp Staff. Acceptance into The J Camp Program is conditioned on appropriate Camper behavior. A serious disciplinary problem is defined as one in which a child is hampering the smooth flow of the Day Camp program by either requiring constant one-on-one attention; is inflicting physical or emotional harm on other children; is abusing staff or is otherwise unable to conform to the rules and guidelines of J Camp and The Jewish Community Center. If a child is not able to adjust, the Discipline and Discharge Policy will be implemented. If a child becomes a serious discipline problem, staff will notify the parents of the situation, and discuss a solution. If improvement does not occur, or a solution cannot be determined, the staff may recommend that a child be dismissed from the program. The staff will discuss the dismissal procedure with the parents, should a serious discipline problem occur. However, acceptance into the program is conditioned on appropriate behavior and J Camp Staff reserve the right to dismiss a child from the program. For serious discipline problems, J Camp Staff may immediately dismiss a child from the program.

Behavior Management: Our J Camp program is based on mutual respect being shared between J Camp Staff and Campers. While all Campers are valued as individuals with unique qualities and needs, they will be required to interact appropriately while attending Camp. Camp Staff are trained to use the following techniques.

- We talk with Campers about rules at the beginning of each Camp session.
- We compliment, encourage, and praise appropriate behavior.
- We display positive behavior ourselves. We use redirection and at times, options.
- We hold quiet, brief, private talks with Campers to address behavior. We problem solve with Campers.
- We remove Campers from a problem area.
- We separate Campers.
- We give appropriate choices: "you may share the ball or wait out until the next inning starts."
- It is the policy of J Camp not to use physical punishment, threats, prolonged isolation, denial of food or derogatory remarks. Staff are trained on this discipline policy.

Child Abuse or Neglect: The Kansas City Child Protection Act mandates that all personnel working in a licensed day Camp must report suspected child abuse or neglect. There is a penalty for violation of this reporting law. This act protects the people reporting to Social and Rehabilitative Services from any liability, civil or criminal. All records and reports concerning child abuse or neglect filed with SRS or the district court are confidential and will not be disclosed. All staff members at Jewish Community Center Day Camps are trained and are aware of this policy.

Federal Income Tax Credit: You may take a tax credit for your day Camp expenses if Camp is your means of childcare as you work. The Jewish Community Center Federal Tax ID number is 44-0545992.

Camp Activities

Camp at The Jewish Community Center is designed to be active, fun, and challenging. There are some activities which require safety procedures. Safety is our number one priority. Staff is trained in appropriate safety rules and regulations. Below are examples of safety precautions.

Swimming: The J outdoor swimming pool is a popular place for day Campers! J Campers are scheduled to participate in recreational swimming at The J outdoor pool - weather permitting. Safety is our number one priority. Camp staff will go over the pool rules with Campers and be sure that sunscreen is reapplied. The J Lifeguards are on duty, and J Camp staff are at the pool to help supervise the Campers.

Swim Lessons: The American Red Cross basic water safety program is the basis used to teach children of all ages and abilities. Trained Instructors will lead 1st and 2nd grade Campers in Barney Goodman and Sports Camp through a water safety lesson, during the week, weather permitting.

Swimming Safety Precautions

- Camp Staff go over pool rules with Campers and take Campers to The J outdoor pool.
- Lifeguards are on duty according to the ratio determined by The J Aquatic policies and are stationed around the pool deck.
- J Camp staff are at the pool to help supervise the Campers and monitor behaviors.

Swim Test: In order to provide an additional layer of safety, Campers will be required to wear a life jacket, unless they can pass a swim test. The swim test will be monitored by staff. To pass the swim test, Campers must be able to...

- Jump into the 6-foot end of the pool.
- Submerge fully and return to the surface and begin swimming without pushing off the wall.
- Swim 25 meters in a horizontal position, on stomach and on top of the water.
- Exit the pool without assistance either using the wall or pool ladder.

Those Campers that pass the test will receive an orange wristband. Those not passing the test will be required to wear a life jacket during free swim. Campers may request to take the test again if they do not pass.

Sports Safety Precautions: For activities such as Kickball, Field games, Tag/Spud/Other playground games, Soccer, Softball, Basketball, Flag Football, Archery, GaGa Ball (Israeli Dodgeball).

- Campers are divided by age and ability during Sports instructional and free play times.
- Counselors are trained regarding rules and safety issues of the various games and sports activities.
- Campers are divided by age-groups for sports activities. There is generally no more than a two-grade spread when Campers play together during contact sports.
- During instructional sport times, ages may be varied on a field but will remain consistent within each sub-group.
- Counselors are placed strategically so that playing and behavior remain in control.
- Counselors are trained to watch for potential safety concerns that may be present during a game.
- Archery is supervised by a certified archery instructor. Campers learn safety rules before participating. Trained staff instruct Campers following established safety regulations and appropriate instruction tailored to the age, ability level and special needs of the participants.

J CAMP CALENDAR 2025

FT = Field Trips

	Camps & Themes	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 (6/3-6/6) 4-day week	BG – Time Travelers SP – Soccer NL SP – Soccer BOOM! – Ultimate Games Art – Messy Art TRI – Triathlon Camp (Wk1) LEGO – Machine Mayhem STEM – 3-D Printing Nintendo Characters STEM – Video Production: YouTube & IG Reels	June 2 The J is CLOSED for SHAVUOT (Jewish Holiday)	June 3	June 4 ART FT: Ceramic Cafe BOOM FT: Lenexa Rec SP FT: Main Event	June 5 BG: Bird Show	June 6 BG FT: Impact Gymnastics TRI FT: Kill Creek Beach Art Show 2 PM Shabbat 3 PM
WEEK 2 (6/9-6/13)	BG – Arctic Adventures SP – Baseball/Softball NL SP – Coed Baseball or Volleyball BOOM! – Break Out! TRI – Triathlon Camp (Wk 2) Art – Color Palooza Theatre – Road to Broadway (Wk 1) LEGO – Radical Rides Culinary – Disney Delights Dance – Acro/Lyrical Combo NL Dance – Acro/Lyrical Combo STEM – 3-D Printing Poke' Monsters STEM – Extreme Robotics: Battlebots	June 9	June 10 BOOM: Theatre of Imagination	June 11 ART FT: Prairie Oak Nature Center BOOM FT: Escape Room SP: Undernight	June 12 J Camp Tri 9:30 AM	June 13 BG FT: KC Zoo TRI FT: Emerald City Climb Art Show 2 PM Dance Showcase 2 PM Shabbat 3 PM
WEEK 3 (6/16-6/20)	BG – Challenge Accepted SP – Basketball NL SP – Basketball BOOM! – Back to the Future Art – Feelin' Groovy Theatre – Road to Broadway (Wk 2) LEGO – Pokémon Engineering STEM – Hogwarts Film School & Coding Camp STEM – Extreme Robotics: Robotic Battles Culinary – Taste of Italy Dance – Jazz/Hip-Hop Combo	June 16	June 17	June 18 BG: Undernight BG: KC Disc Dogs BOOM FT: Main Event ART FT: Paint, Glaze & Fire THEATRE FT: Urban Air SP FT: CBE	June 19 Theatre Camp Show 2 PM	June 20 COLOR GAMES (BG, SP, BOOM!) Dance Showcase 2 PM Art Show 2 PM Shabbat 3 PM
WEEK 4 (6/23-6/27)	BG – Lights, Camera, Action SP – Flag Football NL SP – Flag Football BOOM! – Best of the Best Art – Handy Art LEGO – Wildlife Wonders STEM – Robotics Builders: Battlebots STEM – Game Coding: Super Smash Brawlers Culinary – #ViralFoodTrends Dance – Broadway Musical Theatre NL Dance – Broadway Musical Theatre	June 23	June 24 ISRAEL DAY	June 25 ART FT: Potter's Haven	June 26 BOOM & SP FT: Royals Game	June 27 BG FT: Main Event Art Show 2 PM Dance Showcase 2 PM Shabbat 3 PM
WEEK 5 (6/30-7/4)	July Jamboree J Sports & Rec ½ day Basketball, Soccer or Volleyball plus ½ day July Jamboree	June 30 July Jam FT: KC Zoo	July 1 July Jam FT: Science City	July 2 July Jam Carnival	July 3 July Jam FT: Main Event	July 4 CLOSED 4 th of July
WEEK 6 (7/7-7/11)	BG – Soar Like a Superhero SP – Baseball/Softball NL SP – Coed Baseball or Volleyball BOOM! – Around the World Art – Messy Art Theatre – Summer Stock (Wk 1) LEGO – Pokémon Engineering STEM – Game Design with Robolox STEM – Video Production for YouTube Culinary – Harry Potter Grub Dance – Jazz/Hip-Hop Combo NL Dance – Jazz/Hip-Hop Combo	July 7	July 8 BOOM: Marble Man	July 9 ART FT: Ceramic Cafe BOOM FT: KC Zoo SP: Undernight	July 10	July 11 BG FT: Deanna Rose Dance Showcase 2 PM Art Show 2 PM Shabbat 3 PM
WEEK 7 (7/14-7/18)	BG – Anchors Away SP – Soccer NL SP – Soccer BOOM! – Let's Get Tropical! Art – Color Palooza Theatre – Summer Stock (Wk 2) LEGO – Minecraft Engineering Culinary – Disney Delights STEM – Robotic Builders: Battlebots STEM – Game Coding: Super Smash Brawlers Dance – Acro/Lyrical Combo NL Dance – Acro/Lyrical Combo	July 14	July 15	July 16 ART FT: Paint, Glaze & Fire BG: Undernight BG: Fantastic Fire Dept BOOM FT: Lenexa Rec SP FT: Urban Air	July 17	July 18 WATER GAMES (BG, SP, BOOM!) Dance Showcase 2 PM Art Show 2 PM Shabbat 3 PM
WEEK 8 (7/21-7/25)	BG – Jurassic Adventures SP – Flag Football NL SP – Flag Football BOOM! – BOOM's Got Talent Art – Feelin' Groovy Theatre – Summer Stock (Wk 3) LEGO – Wildlife Wonders STEM – Nintendo Coding & STEAM Adventure STEM – Video Production: YouTube & IG Reels Culinary – Taste of Italy	July 21	July 22 ISRAEL DAY	July 23 ART FT: Potter's Haven BOOM FT: Urban Air SP FT: Arrowhead	July 24 BG & BOOM: Theatre of Imagination	July 25 BG FT: Urban Air THEATRE FT: Main Event Art Show 2 PM Shabbat 3 PM
WEEK 9 (7/28-8/1)	BG – On Cloud BG SP – Basketball NL SP – Basketball BOOM! – This or That? Theatre – Summer Stock (Wk 4) Culinary – #ViralFoodTrends LEGO – Pokémon Master Engineering	July 28	July 29	July 30 BG FT: Science City BOOM FT: Skate City SP FT: Top Golf	July 31 Theatre Camp Show 2:15 and 6 PM	Aug 1 END OF SUMMER CARNIVAL Shabbat 2:30 PM

Blast Off (5/27-5/30) J Sports & Rec ½ day Baseball, Basketball & Football	May 26 CLOSED MEMORIAL DAY	May 27 FT: Deanna Rose	May 28 FT: Main Event	May 29 FT: Top Golf	May 30 FT: Emerald City
Last Blast (8/4-8/8) J Sports & Rec ½ day Soccer, Flag Football, Volleyball & Basketball	Aug 4 FT: Main Event	Aug 5 FT: CBE	Aug 6 FT: Main Event	Aug 7 FT: Deanna Rose	Aug 8 FT: Urban Air
Vacation Days (8/11-8/15)	Aug 11 SM AFTER-SCHOOL STARTS	Aug 12 BV/HBHA Vacation Day FT: TBD	Aug 13 BV STARTS HBHA Vacation Day FT: TBD	Aug 14 HBHA Vacation Day	Aug 15 HBHA Vacation Day

Barney Goodman Camp at The J

A great Camp for kids that want to experience a little bit of everything at J Camp! Barney Goodman includes crafts, sports, science, songs, swimming, archery, and life-long friendships. Trained Camp staff promote kindness, respect, and Jewish values.

Each Barney Goodman week includes:

- Games, crafts, swimming, archery, science, and special activities.
- Red Cross Group Swim Lessons with Certified Swim Instructors for 1st and 2nd graders. Generally, the lessons will be Monday through Thursday mornings, depending on the weather.
- Unique Jewish and Israeli cultural activities and Friday afternoon *Shabbat*.
- Activities based on a theme. Some weeks will include a field trip and some weeks will include an Undernight.

Week 1: June 3-6 – Time Travelers! (4-day week) Join us as we journey through time to the past and explore the exciting future! We will have fun with dinosaurs, the groovy 70s, and future inventions! We play games, create crafts and go on adventures! We will also go on a fun field trip! We are closed on Monday. Those attending part-time will choose another day this week to attend.

Week 2: June 9-13 – Arctic Adventures! Winter in summer?! You betcha! This week we will explore polar bears, penguins, snow, and so much more! We will participate in games, crafts, and activities while going on Arctic Adventures! We will also go on a fun field trip!

Week 3: June 16-20 – Challenge Accepted! This week, we will try lots of different group and individual challenges. Some of our challenges may include scavenger hunts, puzzles, obstacle course, relays, trivia, art bonanza, and more! We will also have an optional Undernight on Wednesday from 4-8 p.m. We will end the week with our Annual J Camp Color Games on Friday!

Week 4: June 23-27 – Lights, Camera, Action! Join the fun as we participate in games, crafts and activities based on our favorite movies and TV shows! We will also practice and perform in our own Barney Goodman Talent Show! We will also go on a fun field trip!

Week 5: June 30-July 3 – July Jamboree. No Barney Goodman this week. Sign up by for July Jamboree ([link to July Jamboree](#)) with fun activities and field trips. Also, J Sports + Rec Option: 1/2 Day Basketball, Soccer or Volleyball Camp + ½ Day July Jamboree.

Week 6: July 7-11 – Soar Like a Superhero! Everyone loves a Superhero! This week we will participate in games, crafts, skits, and activities focusing on our favorite Superheroes! What super-power do you have? We will also go on a fun field trip.

Week 7: July 14-18 – Anchors Away! This week is all about water! We will participate in all sorts of water activities - water relays, water balloons, water games and more! We will also have an optional Undernight on Wednesday from 4-8 p.m. We will end the week with our Annual J Camp Water Games on Friday morning.

Week 8: July 21-25 – Jurassic Adventures! What kind of creatures will we find on our Jurassic Adventure? We will explore fossils, dinosaurs, and perhaps some mythical creatures through games, crafts and more! We will also go on a fun field trip!

Week 9: July 28-Aug. 1 – On Cloud BG! We will end our summer with our Barney Goodman Spirit Week! We will participate in our favorite games, crafts and activities and celebrate the end of summer! We will also go on a fun field trip and end the week with our Annual J Camp Carnival on Friday.

J Camp Undernight: A special activity at J Camp where Campers can choose to attend the optional Undernight and stay at camp with their Barney Goodman friends on select Wednesday nights from 4-8 p.m. There is no extra charge for Undernights. The Undernight activities include special games and activities, extra swimming, a cook-out (Vaad supervised), campfire, songs and s'mores.

- **Barney Goodman Undernights are scheduled for Week 3: Wednesday June 18 and Week 7: Wednesday July 16**

A Day in the Life of a Barney Goodman Camper

Every group is different, but here's a great sampling of the schedule for Barney Goodman Campers. Generally, Campers are grouped by gender and in Grade groups: 1st & 2nd, or 3rd & 4th Grades.

9:00 a.m. – 12:00 p.m. — Morning Activities

Circle Time! Songs and cheers and getting ready for the day.

Morning activities — such as crafts, games, science, archery, *Shirim* (music) or *Kol Israel* (Israeli Cultural activities)

Swim Lessons (1st & 2nd Grade: Monday – Thursday)

12:00 p.m. — Lunch

1:00 p.m. – 4:00 p.m. — Afternoon Activities

Recreational Swim, Crafts, games, archery, special events and *Chugim* (electives)

Get ready to go home

Sports Camp at The J

Sports Camp is for Campers who enjoy playing sports and being active. Each week has a sports theme with a focus on one sport. Our staff work with Campers to emphasize sportsmanship and teamwork. Some weeks will include a field trip, and some weeks will include an Undernight.

Sports Camp includes:

- Sports skill sessions, archery, swimming, and special events. Games, such as GaGa, Wall Ball and other fun Camp activities.
- Participation in group tennis sessions led by The J tennis professional, Todd Perkins.
- Swimming for 1st-7th graders will be 12-1 p.m. weather permitting, every day, except for days with a field trip.

Week 1: June 3-6 – Soccer. (4-day week) We will be working on soccer footwork skills, passing, dribbling and teamwork through soccer drills and playing tournament games. We will also go on a fun field trip! We are closed on Monday. Those attending part-time will choose another day this week to attend.

Week 2: June 9-13 – Baseball/Softball. We will be working on hitting, fielding and base-running skills through baseball/softball drills and playing games. Campers should bring a hat and a baseball glove. We will also have an optional Undernight on Wednesday from 4 – 8 p.m.

Week 3: June 16-20 – Basketball. We will be working on dribbling, shooting and teamwork as we increase our basketball skills through drills and playing games. We will also go on a fun field trip. We will end the week with our Annual J Camp Color Games!

Week 4: June 23-27 – Flag Football. This week boys and girls will be learning football skills including passing, running and kicking. We will run flag football drills and play games. We will also go on a fun field trip.

Week 5: June 30-July 3 – No J Camp Sports Camp this week. Enroll in July Jamboree! Fun activities and field trips. Also, J Sports + Rec Option: 1/2 Day Basketball, Soccer or Volleyball Camp + ½ Day July Jamboree. Limited enrollment.

Week 6: July 7-11 – Baseball/Softball. We will be working on hitting, fielding and base-running skills through baseball/softball drills and playing games. Campers should bring a hat and a baseball glove. We also will have an optional Undernight on Wednesday from 4 – 8 p.m.

Week 7: July 14-18 – Soccer. We will be working on soccer footwork skills, passing, dribbling and teamwork through soccer drills and playing tournament games. We will also go on a fun field trip. We will end the week with our Annual J Camp Water Games!

Week 8: July 21-25 – Flag Football. This week boys and girls will be learning flag football skills including passing, running and kicking. We will run flag football drills and play games. We will also go on a fun field trip.

Week 9: July 28-Aug. 1 – Basketball. We will be working on dribbling, shooting and teamwork as we increase our basketball skills through drills and playing games. We will also go on a fun field trip. We will end the week and the summer with our end of the summer J Camp Carnival!

J Camp Undernight: A special activity at J Camp where Campers can choose to attend the optional Undernight and stay at Camp with their Sports Camp friends on select Wednesday nights from 4-8 p.m. There is no extra charge for Undernights. Undernight activities include special games and activities, extra swim, and a cookout (Vaad supervised) with a Campfire, songs and s'mores.

- **Sports Camp Undernights this summer are Week 2: Wednesday June 11 and Week 6: Wednesday July 9**

A Day in the Life of a Sports Camper!

Every group is different, but here is a great sampling of what your Camper could be doing each day!

9:15 a.m. – 11:30 a.m. Morning Activities - Games, Archery, Sport of the Week – Drills and Skills sessions

11:30 a.m. – Lunch

12:00 pm – 3:45 p.m. Afternoon Activities - Electives: Archery, Tennis, Conditioning, games and Jewish Athlete of the Week. Sport of the Week – Tournaments and Scrimmages, Free Swim, Get ready to go home

Permission to leave Camp Independently: J Campers who are entering 5th Grade or older may get parental permission to leave J Camp independently when dismissed between 3:45 p.m. and 4:00 p.m. **Parents will need to sign the parental permission form in the CampDoc Authorizations section.** When parents give permission, once dismissed after Camp, independent Campers 5th Grade and older will not be supervised and parents must arrange a time and place to pick them up. The independent youth must be able to be trusted and agree to be in approved areas of the Jewish Community Campus. The approved area where they can hang out is in the J Main Lobby. If they are a J member, they must show their J membership card to go to open areas of the fitness center, pool, or gym. Independent youth must behave themselves, act appropriately and clean up after themselves. Campers may not wander or gather in other areas of the Jewish Campus. Campers will not be supervised during this time. Campers not following the rules or who are causing problems on the Campus may lose their privilege to be independent of unsupervised in the building or Campus grounds.

BOOM! Camp at The J

Bigger, Older. Our Machane (Camp): *BOOM!*

BOOM! has activities designed for older Campers and includes a variety of Camp activities – games, crafts, swimming, archery, science theme projects and special events. Each week will include a field trip! Several of the Camp activities will relate to the theme of the week.

Theme Weeks and Field Trips -

Week 1: June 3-6 – Ultimate Games! (4 day week) This week we will play lots of games, test our skills at Minute to Win It, and put together our own Game Shows! We will have fun with crafts, sports and other special activities. We will also go on a fun field trip! We are closed on Monday. Those attending part-time will choose another day this week to attend.

Week 2: June 9-13 – Break Out! Find the clue, figure it out, and move to the next activity! We will challenge ourselves to figure out lots of different activities! We will also dare to try lots of different group and individual challenges. We will work together to figure it all out – and Break Out! We will also go on a fun field trip.

Week 3: June 16-20 – Back to the Future! Travel through time as we participate in activities from another time. Destinations may include the Future or the Past! We could head to the Wild West, the Roaring '20's, the Psychedelic 60's or maybe even the Jetson era! We will also go on a fun field trip! We will end the week participating in our Annual J Camp Color Games!

Week 4: June 23-27 – Best of the Best! There are a variety of fun options open to us as we choose the Best of the Best! Scavenger hunts, relay races, obstacle courses, craft bonanzas, game challenges, and more! What are your favorite activities? We will choose the BEST! We will also go on a fun field trip!

Week 5: June 30-July 3 – No BOOM! Camp this week. Enroll in July Jamboree! Fun activities and field trips. Also, J Sports + Rec Option: 1/2 Day Basketball, Soccer or Volleyball Camp + ½ Day July Jamboree.

Week 6: July 7-11 – Around the World! This week we will explore the world through games, crafts, challenges and activities from around the world! We will learn about different cultures and sample foods from other countries. We will create our own International Adventures! We also will go on a fun field trip!

Week 7: July 14-18 – Let's Get Tropical! We are going to have lots of Tropical Fun! Join the Congo line, try your best with a hula hoop or limbo contest and have lots of fun with water games and activities! Come prepared to get wet! We will also go on a fun field trip and end our week with our Annual J Camp Water Games!

Week 8: July 21-25 – BOOM's Got Talent! This week we will discover our hidden talents! Sports? Music? Hula Hooping? What's your talent? We will work in groups or individually to prepare for our own BOOM's Got Talent Show! We will also go on a fun field trip.

Week 9: July 28-Aug. 1 – This or That? We will end our summer choosing our favorite games, crafts and activities. Will we do **This?** Or will we do **That?** You choose! We will think outside the box with lots of fun challenges. We will also be going on a field trip and participating in the end of the summer J Camp Carnival.

A Day in the Life of a BOOM Camper

Every group is different, but here's a sampling of the schedule for BOOM! Campers.

9:00 a.m. — Morning Activities: Theme projects, games, archery, science, and art.

12:20 p.m. — Lunch

1:00 -2:00 p.m. — Swimming.

2:00 – 3:45 p.m. Afternoon Activities: Theme activities and games or crafts.

3:45 p.m. — Get ready to go home

Permission to leave Camp Independently: J Campers who are entering 5th Grade or older may get parental permission to leave J Camp independently when dismissed between 3:45 p.m. and 4:00 p.m. **Parents will need to sign the parental permission form in the CampDoc Authorizations section.** When parents give permission, once dismissed after Camp, independent Campers 5th Grade and older will not be supervised and parents must arrange a time and place to pick them up. The independent youth must be able to be trusted and agree to be in approved areas of the Jewish Community Campus. The approved area where they can hang out is in the J Main Lobby. If they are a J member, they must show their J membership card to go to open areas of the fitness center, pool, or gym. Independent youth must behave themselves, act appropriately and clean up after themselves. Campers may not wander or gather in other areas of the Jewish Campus. Campers will not be supervised during this time. Campers not following the rules or who are causing problems on the Campus may lose their privilege to be independent of unsupervised in the building or Campus grounds.

Ma'asim Tovim Information

How is Ma'asim Tovim Camp Different? Ma'asim Tovim combines community service and fun, for a truly memorable Camp experience for older youth. Campers are expected to dress and act in an appropriate manner in each setting, project a positive attitude toward each volunteer task, and work together to reach common goals. Campers will be provided an orientation at the volunteer site so that Ma'asim Tovim Campers understand their tasks. Camper responsibilities may include working with children or senior adults, office work, packaging food, gardening, maintenance work, or other hands-on tasks. Most Camp days also include a recreational activity in the Kansas City area or at The J.

Ma'asim Tovim Calendar: The calendar on the next page shows the activities currently scheduled. The Ma'asim Tovim calendar lists community service locations and recreational activities. Parents will be notified when a permission form or waiver is needed for a recreation activity. At times, activities need to be altered, due to availability.

Drop-Off and Pick-Up Location: Ma'asim Tovim will meet each morning at the Byer Pavilion outside The J Camp Office, near the ballfields. Campers can be dropped off and picked up in The J Camp Carpool lane near the Camp Office beginning at 8:45 a.m. Ma'asim Tovim Campers must arrive at the Camp Office Pavilion by 9:00 a.m. to prepare for daily activities. Ma'asim Tovim Campers can be picked up from the Camp Office area in The J Camp Carpool lane from 3:45-4:10 p.m. See the map on the last page.

Late Arrivals: The Ma'asim Tovim schedule often dictates that the Campers be at their volunteer site early in the morning. Camper groups will leave The Jewish Campus at about 9:20 a.m. each morning. Those arriving late will need to coordinate with the Ma'asim Tovim Camp director, and parents will need to drive the Camper to the volunteer location.

What to Bring: Campers will be provided with calendars indicating where they will be volunteering and lunch plans, which may affect how Campers dress or what they bring. Campers need to:

- Bring a water bottle and lunch every day. A soft insulated lunch bag is preferred.
- Dress in clothing appropriate to each day's activity. Wear closed toed shoes (like tennis shoes) and socks.
- Bring a swimsuit and towel when swimming is on the calendar.

Responsibility for Your Possessions: Personal possessions are the responsibility of the Ma'asim Tovim Camper. Please do not bring expensive or valued possessions. No electronics unless these are part of a pre-planned activity. Money should not be brought unless it is for a Camp-sponsored activity.

Cell Phones: Cell phones are to be kept in the camper's backpack. Staff will go over the rules for cell phones and may allow Campers to use phones during a break in the day's activities. In an emergency, parents can call the Camp Office 913-327-8060 to relay a message to the Ma'asim Tovim staff.

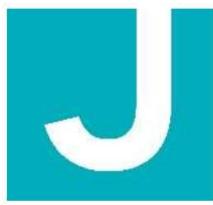
Transportation: Ma'asim Tovim Campers will be transported primarily by J Camp staff in leased 15-passenger vans. Each van carries Campers' files containing health/emergency information, a first aid kit, and a roster of participants.

Ma'asim Tovim Campers will be oriented to the rules for transportation:

1. All Campers should remain seated with seatbelts always fastened while being transported. Hands and arms must remain inside the vehicle.
2. Seatbelts must be fastened securely always.
3. Campers are to keep the noise level down. There should be no throwing of objects or other disruptive behavior that could distract the driver.
4. Campers should enter and leave the vehicle under the direction of J Camp staff members.
5. Campers are to take all trash from the vehicle and throw it away in the proper garbage can.

Permission to leave Camp Independently: J Campers who are entering 5th Grade or older may get parental permission to leave J Camp independently when dismissed between 3:45 p.m. and 4:00 p.m. **Parents will need to sign the parental permission form in the CampDoc Authorizations section.** When parents give permission, once dismissed after Camp, independent Campers 5th Grade and older will not be supervised and parents must arrange a time and place to pick them up.

The independent youth must be able to be trusted and agree to be in approved areas of the Jewish Community Campus. The approved area where they can hang out is in the J Main Lobby. If they are a J member, they must show their J membership card to go to open areas of the fitness center, pool, or gym. Independent youth must behave themselves, act appropriately and clean up after themselves. Campers may not wander or gather in other areas of the Jewish Campus. Campers will not be supervised during this time. Campers not following the rules or who are causing problems on the Campus may lose their privilege to be independent of unsupervised in the building or Campus grounds.



Camp Ma'asim Tovim Calendar 2025

2 J CLOSED	3 Mitzvah Garden (11) 10-12 Brookdale (11) 10-12 Skate City 1-3	4 Avenue of Life (22) 10-12 Pinstripes 1:30-3	5 KCPP (22) 10-11:30 Main Event 1-3	6 Wayside Waifs (22) 10-11 Lunch out & Swimming at J or Free Activity Shabbat
9 KC Hospice (11) 10-12 Community LINC (11) 10-12 Lenexa Rec Center 1-3	10 Mitzvah Garden (11) 10-12 Hope Faith (11) 10-12 YaYa's Alpaca Farm 1:30-3	11 KC Pet Project (22) 10-11:30 Ceramic Cafe 1:30-3:00 \$10	12 Community LINC (11) 10-12 Tri Camp Triathlon (11) 10-12 Roasterie Tour 1:30-2:30 \$10	13 Harvesters (22) 10-12 Lunch out & Swimming at J or Free Activity Shabbat
16 Whatesoever (11) 10-12 KC Hospice (11) 10-12 Arrowhead Tour 1-3	17 Mitzvah Garden (11) 10-12 Brookdale (11) 10-12 Mastermind Escape Room 1-3	18 KC Pet Project (22) 10-11:30 Steamboat Arabia Tour 1:30-3	19 Hope Faith (11) 10-12 Mitzvah Garden (11) 10-12 Olathe Lanes 1-3	20 Color Games (MT help) Lunch out & Swimming at J or Free Activity Shabbat
23 KC Hospice (11) 10-12 Mitzvah Garden (11) 10-12 Top Golf 1:15-3:15	24 Mitzvah Garden (11) 10-12 Hope Faith (11) 10-12 AMC TBD	25 KC Pet Project (22) 10-11:30 Impact Gymnastics 1-3	26 Community LINC (11) 10-12 Harvesters (11) 10-12 KC Royals Game 12:30-3:30	27 Whatesoever (11) 10-12 Village Shalom (11) 10-12 Lunch out & Swimming at J or Free Activity Shabbat
30 July Jamboree KC ZOO	1 July Jamboree SCIENCE CITY	2 July Jamboree Carnival (MT help)	3 July Jamboree MAIN EVENT	4 July Jamboree CLOSED
7 KC Hospice (11) 10-12 Community LINC (11) 10-12 BRK Through 1-3:15	8 Mitzvah Garden (11) 10-12 Brookdale (11) 10-12 Money Museum 1-3	9 KC Pet Project (22) 10-11:30 Shatto Milk 1-3	10 Heart to Heart (22) 10-12 KC Speedway Tour 1:30-3	11 Hope Faith (11) 10-12 Harvesters (11) 10-12 Lunch out & Swimming at J or Free Activity Shabbat
14 KC Hospice (11) 10-12 Whatesoever Lenexa Rec Center 1-3	15 Mitzvah Garden (11) 10-12 Hope Faith (11) 10-12 College BBall Exp. 1-3	16 Harvesters (22) 10-12 The Bay 12:30-2:30	17 Community LINC (11) 10-12 Harvesters (11) 10-12 Urban Air 1-3	18 Water Games (MT help) Lunch out & Swimming at J or Free Activity Shabbat
21 Chips Choc Factory Tour 10:30 Car Wash (22) 1-3	22 Mitzvah Garden (11) 10-12 Brookdale (11) 10-12 Escape Room 1:30-2:30	23 Harvesters (22) 10-12 Smileys Golf 1-3	24 Hope Faith (11) 10-12 Community LINC (11) 10-12 KC Zoo 1-3	25 Harvesters (22) 10-12 Lunch out & Swimming at J or Free Activity Shabbat

Challenge Camp - Summer Day Camp in Kansas City

Summer Camp for Members + Guests, Entering 7th-8th Grade

1 weekly session July 28 - August 1, 2025

9:00 a.m. - 4:00 p.m. M-F

Challenge Camp is an adventure camp for campers entering 7th-8th grade. Campers will use a variety of skills to overcome daily challenges individually or in teams. Each day, Campers will be travelling to different parks, such as Roe Park, Shawnee Mission Park, Antioch Park and Sar-Ko-Par Park. Each morning campers will leave between 9:15-9:30 for a Park where they will participate in lots of activities. Campers need to bring their lunch **and a water bottle**. Campers will return to The J about 3:45 p.m. each day.

- Problem Solving Challenges: Campers will use problem solving skills to find clues leading them to the answers!
- Physical Challenges: Campers will tackle a variety of physical challenges and go on a field trip to the Main Event High Ropes Course.
- Disk Golf Challenge: Campers will try out the Disk Golf course and other challenges.
- Creative Challenge: Campers will be challenged to find a variety of ways they can be creative!
- Competitive Challenge: Campers will compete in teams with fun and silly challenges!

This fun Camp will be directed by Tracy Anderson and will be held two different weeks of the summer. Campers will be transported in vans for the activities.

- Week 9, July 28- August 1

Drop-Off and Pick-Up Location: Challenge Camp Campers will meet each morning at the Byer Pavilion outside The J Camp Office, near the ballfields. Campers can be dropped off and picked up in The J Camp Carpool lane near the Camp Office beginning at 8:45 a.m. Challenge Campers must arrive at the Camp Office Pavilion by 9:00 a.m. to prepare for daily activities. Challenge Campers can be picked up from the Camp Office area in The J Camp Carpool lane from 3:45-4:10 p.m. See the map on the last page.

Late Arrivals: The Challenge Campers will be transported to a park each morning. We will be leaving between 9:15-9:30 a.m. each morning. If campers are going to arrive late, parents will need to communicate with the J Camp Office Manager (913,327- 8060) and will need to drop them off at the Park where they will be located for the day.

What to Bring: Campers will be provided with a schedule indicating where they will be located all day, and lunch plans, which may affect how Campers dress or what they bring. Campers need to:

- Bring a water bottle and lunch every day. A soft insulated lunch bag is preferred.
- Dress in clothing appropriate to each day's activity. Wear closed toed shoes (like tennis shoes) and socks.
- Bring a swimsuit and towel when swimming is on the calendar.

Responsibility for Your Possessions: Personal possessions are the responsibility of the Challenge Camper. Please do not bring expensive or valued possessions. No electronics unless these are part of a pre-planned activity. Money should not be brought unless it is for a Camp-sponsored activity.

Cell Phones: Cell phones are to be kept in the camper's backpack. Staff will go over the rules for cell phones. In an emergency, parents can call the Camp Office 913-327-8060 to relay a message to the Challenge Camp staff.

Transportation: Challenge Campers will be transported primarily by J Camp staff in leased 15-passenger vans. Each van carries Campers' files containing health/emergency information, a first aid kit, and a roster of participants. Campers will be oriented to the rules for transportation:

1. All Campers should remain seated with seatbelts always fastened while being transported. Hands and arms must remain inside the vehicle.
2. Seatbelts must be fastened securely always.
3. Campers are to keep the noise level down. There should be no throwing of objects or other disruptive behavior that could distract the driver.
4. Campers should enter and leave the vehicle under the direction of J Camp staff members.
5. Campers are to take all trash from the vehicle and throw it away in the proper garbage can.

Permission to leave Camp Independently: J Campers who are entering 5th Grade or older may get parental permission to leave J Camp independently when dismissed between 3:45 p.m. and 4:00 p.m. **Parents will need to sign the parental permission form in the CampDoc**

Authorizations section. When parents give permission, once dismissed after Camp, independent Campers 5th Grade and older will not be supervised and parents must arrange a time and place to pick them up. The independent youth must be able to be trusted and agree to be in approved areas of the Jewish Community Campus. The approved area where they can hang out is in the J Main Lobby. If they are a J member, they must show their J membership card to go to open areas of the fitness center, pool, or gym. Independent youth must behave themselves, act appropriately and clean up after themselves. Campers may not wander or gather in other areas of the Jewish Campus. Campers will not be supervised during this time. Campers not following the rules or who are causing problems on the Campus may lose their privilege to be independent of unsupervised in the building or Campus grounds.

Art Camp at The J

Art Campers sharpen artistic talents and gain new skills at this fantastic art camp in Kansas City. Budding artists will practice skills in a variety of mediums and be challenged according to their skill level. We will also go on an art field trip each week. Art projects will be displayed at the Camp Art Exhibit at the end of each session.

Week 1: June 3-6 – Messy Art! (4-day week) Entering Grades 3-5. Art is fun! And it can be messy! We will learn about and practice different art skills. Then we will create fun art projects out of clay, pottery, shaving cream, and bubbles. We might try out splatter painting, sand art and even paper mâché! We will go swimming each day, and participate in archery, STEM and other fun J Camp activities during the week. We will also go on a fun field trip.

Week 2: June 9-13 – Color-Palooza! Entering Grades 2-4. This week we will learn about using different colors, shapes and textures. We will create a variety of different colorful projects using painting, paper folding, and other media to make colorful creations! We will create a variety of different projects and choose our favorite. We will go swimming each day, and participate in archery, STEM and other fun J Camp activities during the week. We will also go on a fun field trip.

Week 3: June 16-20 – Feelin' Groovy! Entering Grades 2-4. Let's travel back to the 1960s! We will learn about artists such as Warhol, Oldenburg and Lichtenstein and find out about their style of art. We will be drawing, painting, tie-dying, and more using several art techniques. We may even listen to groovy music for inspiration! We will go swimming each day, and participate in archery, STEM and other fun J Camp activities during the week. We will also go on a fun field trip.

Week 4: June 23-27 – Handy Art! Entering Grades 3-5. We are going to get creative with our hands and make Handy Art! We will use our hands and fingers to create unique art projects. We will use our hands as a canvas and paint our hands to be an animal or other fun objects! We might even use our toes to create something really awesome! We will go swimming each day, and participate in archery, STEM and other fun J Camp activities during the week. We will also go on a fun field trip.

Week 6: July 7-11 – Messy Art! Entering Grades 3-5. Art is fun! And it can be messy! We will learn about and practice different art skills. Then we will create fun art projects out of clay, pottery, shaving cream, and bubbles. We will try out splatter painting, sand art and even paper mâché! We will go swimming each day, and participate in archery, STEM and other fun J Camp activities during the week. We will also go on a fun field trip.

Week 7: July 14-18 – Color-Palooza! Entering Grades 2-4. This week we will learn about using different colors, shapes and textures. We will create a variety of different colorful projects using painting, paper folding, and other media to make colorful creations! We will create a variety of different projects and choose our favorite. We will go swimming each day, and participate in archery, STEM and other fun J Camp activities during the week. We will also go on a fun field trip.

Week 8: July 21-25 – Feelin' Groovy! Entering Grades 2-4. Let's travel back to the 1960s! We will learn about artists such as Warhol, Oldenburg and Lichtenstein and find out about their style of art. We will be drawing, painting, tie-dying, and more using several art techniques. We may even listen to groovy music for inspiration! We will go swimming each day, and participate in archery, STEM and other fun J Camp activities during the week. We will also go on a fun field trip.

What to Wear: Sometimes Art projects are messy! Please wear clothing that can get messy, or bring an old t-shirt to wear over your clothing when you are working with messy art.

A Day in the Life of an Art Camper

Every week is different, but here's a sampling of the schedule for Art Campers.

9:00 a.m. — Morning Activities: Work on Art Projects, taking a break for games.

12:20 p.m. — Lunch

1:00 – 2:00 p.m. — Swimming

2:00-3:45 — Afternoon Activities: Games, J activities and work on Art Projects

3:45 p.m. — Get ready to go home

Permission to leave Camp Independently: J Campers who are entering 5th Grade or older may get parental permission to leave J Camp independently when dismissed between 3:45 p.m. and 4:00 p.m. **Parents will need to sign the parental permission form in the CampDoc Authorizations section.** When parents give permission, once dismissed after Camp, independent Campers 5th Grade and older will not be supervised and parents must arrange a time and place to pick them up. The independent youth must be able to be trusted and agree to be in approved areas of the Jewish Community Campus. The approved area where they can hang out is in the J Main Lobby. If they are a J member, they must show their J membership card to go to open areas of the fitness center, pool, or gym. Independent youth must behave themselves, act appropriately and clean up after themselves. Campers may not wander or gather in other areas of the Jewish Campus. Campers will not be supervised during this time. Campers not following the rules or who are causing problems on the Campus may lose their privilege to be independent of unsupervised in the building or Campus grounds.

Culinary Camps at The J

Cook, create, and eat! Campers will learn new skills in the kitchen and then enjoy tasting the results! Culinary Campers will participate in Culinary activities in the morning, and J Camp activities in the afternoon. Led by the Kansas City Kansas Community College Culinary Chefs, Culinary Camp will be Vaad Supervised with Kosher ingredients. Campers will take recipes home at the end of the week to share with their family.

Week 2: June 9-13 – Disney Delights! Create fun recipes from Disney movies – breads, desserts, pizza and sweet delights from movies such as Lilo and Stitch, Toy Story, Frozen, and Ratatouille. We will learn new skills as we make and eat this fun food! In the afternoon we will go swimming, and participate in art, archery, STEM and other fun J Camp activities during the week.

Week 3: June 16-20 – Taste of Italy! Experience the world through cooking a Taste of Italy! We will learn about and cook favorite pasta, desserts and sweet treats from Italy. We will learn new cooking skills as we prepare these delightful recipes. In the afternoon we will go swimming, and participate in art, archery, STEM and other fun J Camp activities during the week.

Week 4: June 23-27 – #Viral Foods! Create recipes that are so creative, they went viral! Spend the week testing out recipes from TikTok and other social media sites. Some examples include fun recipes like cloud bread, rainbow pasta, and Oreo sushi! We will learn new cooking skills as we prepare these popular and viral recipes. In the afternoon we will go swimming, and participate in art, archery, STEM and other fun J Camp activities during the week.

Week 6: July 7-11 – Harry Potter Grub! Learn about recipes from Harry Potter! We will make foods such as pastries, cakes, tarts, puddings and other popular recipes from Harry Potter. We may even try our hands in creating Chocolate Frogs! We will learn new cooking skills as we prepare these yummy recipes. In the afternoon we will go swimming, and participate in art, archery, STEM and other fun J Camp activities during the week.

Week 7: July 14-18 – Disney Delights! Create fun recipes from Disney movies – breads, desserts, pizza and sweet delights from movies such as Lilo and Stitch, Toy Story, Frozen, and Ratatouille. We will learn new skills as we make and eat this fun food! In the afternoon we will go swimming, and participate in art, archery, STEM and other fun J Camp activities during the week.

Week 8: July 21-25 – Taste of Italy! Experience the world through cooking a Taste of Italy! We will learn about and cook favorite pasta, desserts and sweet treats from Italy. We will learn new cooking skills as we prepare these delightful recipes. In the afternoon we will go swimming, and participate in art, archery, STEM and other fun J Camp activities during the week.

Week 9: July 28-Aug. 1 – #Viral Foods! Create recipes that are so creative, they went viral! Spend the week testing out recipes from TikTok and other social media sites. Some examples include fun recipes like cloud bread, rainbow pasta, and Oreo sushi! We will learn new cooking skills as we prepare these popular and viral recipes. In the afternoon we will go swimming, and participate in art, archery, STEM and other fun J Camp activities during the week.

A Day in the Life of a Culinary Camper

Every week is different, but here's a sampling of the schedule for Culinary Campers.

9:15 a.m. — Morning Activities: Learn culinary skills and make themed culinary foods. Clean up. Eat results!

11:50 p.m. — Lunch

1:00 p.m. — Afternoon Activities: Crafts, games, archery, and other J Camp Activities.

2:00 -3:00 p.m. Swimming.

3:45 p.m. — Get ready to go home

Permission to leave Camp Independently: J Campers who are entering 5th Grade or older may get parental permission to leave J Camp independently when dismissed between 3:45 p.m. and 4:00 p.m. **Parents will need to sign the parental permission form in the CampDoc Authorizations section.** When parents give permission, once dismissed after Camp, independent Campers 5th Grade and older will not be supervised and parents must arrange a time and place to pick them up. The independent youth must be able to be trusted and agree to be in approved areas of the Jewish Community Campus. The approved area where they can hang out is in the J Main Lobby. If they are a J member, they must show their J membership card to go to open areas of the fitness center, pool, or gym. Independent youth must behave themselves, act appropriately and clean up after themselves. Campers may not wander or gather in other areas of the Jewish Campus. Campers will not be supervised during this time. Campers not following the rules or who are causing problems on the Campus may lose their privilege to be independent of unsupervised in the building or Campus grounds.

Dance Camps at The J

J Camp Dance Camp - Youth entering 1st-4th Grade

Dance Camp will include special dance instruction for two hours each morning provided by Maggie Osgood Nicholls, J Encore Director, and her staff. Dance sessions will feature jazz, hip hop, musical theatre, and lyrical. Prior experience is not required for the sessions other than lyrical. Dance Campers will learn a variety of dance steps. In the afternoon, Dance campers will participate in swimming, crafts, games, archery, and other fun J Camp activities.

Next Level Dance Camp - Youth entering 5th-7th Grade

Next Level Dance Camp will include special dance instruction for two hours **each afternoon** provided by Maggie Osgood Nicholls, J Encore Director, and her staff. Dance sessions will feature jazz, hip hop, musical theatre, and lyrical. Prior experience is preferred. Dance Campers will learn a variety of dance steps. In the mornings, Dance campers will participate in swimming, crafts, games, archery, and other fun J Camp activities.

Dance Camp and Next Level Dance Camp

Each session, the students learn dance steps and put it together with music in dances for the week. Campers will create a performance for their parents on Friday afternoon. Each day, Dance Campers and Next Level Dance Campers need to have their hair pulled up, wear dance attire, and appropriate dance shoes. A limited number of shoes are available for rental. Any student without the appropriate dance shoes will be sized the first day of dance camp.

Acro/Lyrical Combo

Dance Campers will study the techniques of acro and lyrical dance. Students will need either lyrical, jazz, or ballet shoes and dance attire. Dance Campers will also participate in swimming, crafts, games, archery and other fun J Camp activities.

- Week 2: June 9-13 — Acro/Lyrical Combo for youth entering 1st-4th Grade.
- Week 2: June 9-13 — Next Level Acro/Lyrical Combo for youth entering 5th-7th Grade.
- Week 7: July 14-18 — Acro/Lyrical Combo for youth entering 1st-4th Grade.
- Week 7: July 14-18 — Next Level Acro/Lyrical Combo for youth entering 5th-7th Grade.

Jazz/Hip-Hop Combo

Dance Campers will study the technique of classic jazz with the funk of hip-hop. No experience required for 1st-4th. Students will need to wear either jazz or ballet shoes & tennis shoes. Dance Campers will also participate in swimming, crafts, games, archery and other fun J Camp activities.

- Week 3: June 16-20 — Jazz/Hip-Hop Combo for youth entering 1st-4th Grade
- Week 6: July 7-11 — Jazz/Hip-Hop Combo for youth entering 1st-4th Grade
- Week 6: July 7-11 — Next Level Jazz/Hip-Hop Combo for youth entering 5th-7th Grade

Broadway Musical Theatre Dance

Dance Campers will learn new steps and a variety of musical theatre dances. No experience required. Students will need to wear either jazz or ballet shoes & tennis shoes, and bring tap shoes, if they have them. Dance Campers will also participate in swimming, crafts, games, archery and other fun J Camp activities.

- Week 4: June 23-27 — Broadway Musical theatre for youth entering 1st-4th Grade
- Week 4: June 23-27 — Next Level Broadway Musical theatre for youth entering 5th-7th Grade

A Day in the Life of a Dance Camper

Every week is different, but here's a sampling of the schedule for Dance Campers.

9:15 a.m. — Morning Activities: Learn dance skills and dance routines. Practice skills and routines and work on final dances.

11:50 a.m. — Lunch

12:50 pm - Swimming

2:00 p.m. — Afternoon Activities: crafts, games, and other J Camp Activities.

3:45 p.m. — Get ready to go home.

LEGO® Camps at The J

Learn to build new and exciting LEGO® creations! LEGO® Camp will include LEGO® activities each morning, led by Play-Well TEKnologies instructors. In the afternoon, Campers will participate in swimming, and other fun J Camp activities.

LEGO Machine Mayhem – Entering 2nd – 4th Graders

Design your custom LEGO® creation to take on any challenge. Mix and match chassis designs using wheels, treads, or walking legs and then combine these with tools like drills, hammers, and battering rams. You will refine your masterpiece by sparring with friends and overcoming obstacles all while applying engineering and physics concepts. In the afternoons, Campers will also participate in swimming, games, crafts, archery, and other fun J Camp activities.

- Week 1: June 3-6 (4-day week)

LEGO Radical Rides – Entering 2nd-4th Graders

Start your engines with thousands of LEGOs® as you dive into the vast world of vehicles! Build and design an array of exciting machines, traversing land, sea, and air. Learn about the engineering principles behind motors, gears, and everything that vrooms and zooms! In the afternoons, Campers will also participate in swimming, games, crafts, archery, and other fun J Camp activities.

- Week 2: June 9-13

LEGO Pokémon Engineering – Entering 1st-3rd Graders

Join our LEGO Instructors as we build and catch our favorite Pokémon. Rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokémon, and battle to see who will hold the title of Pokémon Master! In the afternoons, Campers will also participate in swimming, games, crafts, archery, and other fun J Camp activities.

- Week 3: June 16-20
- Week 6: July 7-11

LEGO Wildlife Wonders – Entering 1st-3rd Graders

Design and build your way through the animal kingdom, from sea to safari, using LEGO® parts. You will recreate diverse habitats while crafting animals in their natural surroundings. Play, create and learn in a world inspired by wildlife! In the afternoons, Campers will also participate in swimming, games, crafts, archery, and other fun J Camp activities.

- Week 4: June 23-27
- Week 8: July 21-25

LEGO Minecraft Engineering – Entering 1st-3rd Graders

Venture into the world of Minecraft! Build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Build all sorts of creations using Minecraft Engineering. In the afternoons, Campers will also participate in swimming, games, crafts, archery, and other fun J Camp activities.

- Week 7: July 14-18

LEGO Pokémon Master Engineering – Entering 2nd-4th Graders

In the race to be crowned the Ultimate Pokémon Champion, we need your help! Learn to build your favorite Pokémon, level up by teaching them special moves, evolve them into more powerful versions, and come face to face with the current champion in an epic battle for the Pokémon Masters title! In the afternoons, Campers will also participate in swimming, games, crafts, archery, and other fun J Camp activities.

- Week 9: July 28- Aug. 1

A Day in the Life of a LEGO Camper

Every week is different, but here's a sampling of the schedule for LEGO Campers.

9:15 a.m. — Morning Activities: Learn LEGO skills. Create LEGO themed projects based on assignment. Clean up.

11:50 a.m. — Lunch

1:00 p.m. — Afternoon Activities: crafts, games, and other J Camp Activities.

2:00 p.m. — Swimming and other J Camp Activities

3:45 p.m. — Get ready to go home.

Next Level Sports Camp at The J

Take your game to the Next Level with a week of sport specific training under the direction of knowledgeable coaches from the J Sports and Rec department. Athletes will be divided by age/skill level as appropriate. In the afternoon, Next Level Sports Campers will participate in swimming, games, and sports activities. Each day, campers should bring a water bottle and dress for the weather. A hat is often helpful.

Week 1: June 3-6 – Next Level Soccer. (4-day week) In the mornings, Campers will work with coaches to advance their soccer skills through drills and small sided game playing. In the afternoons, we will participate in swimming, games and sports activities. We will also go on a fun field trip.

Week 2: June 9-13 – Next Level Coed Baseball. In the mornings, Campers will work with coaches on advanced skills including hitting, fielding and base-running skills through baseball drills and playing games. Campers should bring a hat and baseball glove. In the afternoons, we will participate in swimming, games and sports activities. We will also have an optional Undernight on Wednesday from 4 – 8 p.m.

Week 2: June 9-13 – Next Level Volleyball. In the mornings, Campers will work with coaches to advance their volleyball skills through drills and game playing. In the afternoons, we will participate in swimming, games and sports activities. We will also have an optional Undernight on Wednesday from 4 – 8 p.m.

Week 3: June 16-20 – Next Level Basketball. In the mornings, Campers will work with coaches to advance their basketball skills through drills and game playing. In the afternoons, we will participate in swimming, games and sports activities. We will also go on a fun field trip.

Week 4: June 23-27 – Next Level Flag Football. In the mornings, Campers will work with coaches on football skills of passing, catching and route running. And we will play small-sided games. In the afternoons, we will participate in swimming, games and sports activities. We will also go on a fun field trip.

Week 5: June 30-July 3 – No Next Level Sports Camp this week. Enroll in July Jamboree! Fun activities and field trips. Also, J Sports + Rec Option: 1/2 Day Basketball, Soccer or Volleyball Camp + ½ Day July Jamboree. Limited enrollment.

Week 6: July 7-11 – Next Level Coed Baseball. In the mornings, Campers will work with coaches on advanced skills including hitting, fielding and base-running skills through drills and playing games. Campers should bring a hat and baseball glove. In the afternoons, we will participate in swimming, games and sports activities. We will also have an optional Undernight on Wednesday from 4 – 8 p.m.

Week 6: July 7-11 – Next Level Volleyball. In the mornings, Campers will work with coaches to advance their volleyball skills through drills and game playing. In the afternoons, we will participate in swimming, games and sports activities. We will also have an optional Undernight on Wednesday from 4 – 8 p.m.

Week 7: July 14-18 – Next Level Soccer. In the mornings, Campers will work with coaches to advance their soccer skills through drills and small sided game playing. In the afternoons, we will participate in swimming, games and sports activities in the afternoon. We will also go on a fun field trip.

Week 8: July 21-25 – Next Level Flag Football. In the mornings, Campers will work with coaches on football skills of passing, catching and route running. And we will play small-sided games. In the afternoons, we will participate in swimming, games and sports activities. We will also go on a fun field trip.

Week 9: July 28- Aug. 1 – Next Level Basketball. In the mornings, Campers will work with coaches to advance their basketball skills through drills and game playing. In the afternoons, we will participate in swimming, games and sports activities in the afternoon. We will also go on a fun field trip.

- **Next Level Sports Camp Undernights this summer are Week 2: Wednesday June 11 and Week 6: Wednesday July 9**

A Day in the Life of a Next Level Sports Camper

Every week is different, but here's a sampling of the schedule for Next Level Sports Campers.

9:15 a.m. — Morning Activities: Learn sport skills and practice through drills and scrimmages.

11:45 a.m. — Lunch

12:15 pm – Swimming

1:30 p.m. — Afternoon Activities: games, tournaments, and other J Camp Sports Activities.

3:45 p.m. — Get ready to go home.

STEM Camps at The J

STEM Camps provide fun hands-on learning using engineering skills and learning concepts in science, technology, and math. Campers will work in teams to accomplish the tasks. Instructors from Mad Science will provide the STEM activities each morning. In the afternoon, Campers will participate in swimming, and other fun J Camp activities.

Each theme of STEM Camp will focus on a specific STEM topic. Sign up for one week or multiple weeks.

3-D Printing: Nintendo Characters – Entering Grades 3-5

Create Nintendo-inspired characters using TinkerCAD while learning 3D design skills. You will also do fun Nintendo-inspired challenges and create themed video games while waiting for the prints to finish. Some of the student-designed projects will be printed and sent home. Campers will also participate in swimming, archery, games, crafts, and other fun J Camp activities.

- Week 1 – June 3-6 (4 – Day Week)

Video Production: YouTube Shorts, IG Reels & TikTok – Entering Grades 4-6

Learn the art of producing video shorts for TikTok, YouTube Shorts, and Instagram Reels. Edit the video, add motion graphics, and special effects to your own video short, while practicing storytelling and film production techniques. You will be able to save your video at the end of the week.

Campers will also participate in swimming, archery, games, crafts, and other fun J Camp activities.

- Week 1 – June 3-6 (4 – Day Week)
- Week 8 – July 21-25

3-D Printing: Poke' Monsters – Entering Grades 3-5

Design your own 3D pocket monster using TinkerCAD. Create your own Pokémon-inspired 3D designs and experiment with TinkerCAD's SimLab. Campers will learn how to use CAD modeling and design software. Camper designed Pokémon will be printed and sent home at the end of the week. Campers will also participate in swimming, archery, games, crafts, and other fun J Camp activities.

- Week 2 – June 9-13

Extreme Robotics: Battlebots – Entering Grades 4-6

This camp will combine LEGO® building and the Mindstorms EV3 microcomputer brick made by LEGO®. In teams, campers will construct fun LEGO® models, experiment with programs, and compete in robotic challenges. Robot building, block programming, and teamwork will be part of each day's activities. The final challenges will be centered around hitting targets and a sumo battle. Campers will also participate in swimming, archery, games, crafts, and other fun J Camp activities.

- Week 2 – June 9-13

Hogwarts Film School and Coding Camp – Entering Grades 3-5

Create your own stop-motion animation using characters from the Harry Potter and Fantastical Beasts series. Students will build and design magical-themed scenes and props. Then they will handle the technical details of filming scenes, including stop-motion, digital editing, special effects, and transitions to the movie. Campers will create digital animations and participate in our Harry Potter-themed STEAM activities. You will be able to save your movie at the end of the week. Campers will also participate in swimming, archery, games, crafts, and other fun J Camp activities.

- Week 3 – June 16-20

Extreme Robotics: Robot Battles – Entering Grades 4-6

Take your engineering skills to a higher level. Campers working in small teams will build remote-controlled robots inspired by Discovery Channel's BattleBots. Campers will use the EV3 Mindstorm Robotics Systems and LEGO® Technic™ engineering components to build extreme, competitive robots. Campers will be challenged to morph their projects into better, stronger, and faster robots to compete in tournaments on the last day. Campers will also participate in swimming, archery, games, crafts and other fun J Camp activities.

- Week 3 – June 16-20

Robot Builders: Battlebots – Entering Grades 3-5

Let the battles begin! Campers will learn about simple machines, engineering, programming, and so much more through the LEGO® WeDo Robotics system. Campers will work in pairs to construct a catapult, ninja star, tank, battle axe, crossbow, and more in this camp! Campers will also participate in swimming, archery, games, crafts and other fun J Camp activities.

- Week 4 – June 23-27
- Week 7 – July 14-18

STEM Camps continued

Game Coding: Super Smash Brawlers – Entering Grades 4-6

Dive into the creation of a Super Smash Bros.-style game using Construct 3, a powerful and user-friendly game development platform. Campers will learn how to design, develop, and implement various game mechanics, including character selection, combat systems, item integration, and stage design. Through hands-on projects, campers will learn game development principles and create a dynamic platform game. You will be able to save your game at the end of the week. Campers will also participate in swimming, archery, games, crafts and other fun J Camp activities.

- Week 4 – June 23-27
- Week 7 – July 14-18

Game Design with Roblox – Entering Grades 3-5

Learn the basics of game design using the hit game, Roblox. Create your own 3D games in Roblox Studio! We will explore the different possibilities Roblox has to offer in creating awesome games! You will be able to save your game at the end of the week. Campers will also participate in swimming, archery, games, crafts and other fun J Camp activities.

- Week 6 – July 7-11

Video Production For YouTube – Entering Grades 4-6

Learn how to create YouTube content! Learn the tricks pro filmmakers use for better shots, lighting, and sound. You will also learn to use our film editing software. Then, campers will work in a group to create an unboxing or product review video. Edit your video, add transitions and special effects, and insert a soundtrack. You will be able to save your video at the end of the week. Campers will also participate in swimming, archery, games, crafts and other fun J Camp activities.

- Week 6 – July 7-11

Nintendo Coding and STEAM Adventure – Entering Grades 3-5.

Embark on Nintendo-themed STEAM adventures. You'll work in a small group to create, code, animate, and build your own Super Mario Odyssey-inspired mini-movie! You will build immersive sets and props and solve engaging challenges. This camp will help Campers develop their creative and technical skills. You will be able to save your video at the end of the week. Campers will also participate in swimming, archery, games, crafts and other fun J Camp activities.

- Week 8 – July 21-25

A Day in the Life of a STEM Camper

Every week is different, but here's a sampling of the schedule for STEM Campers.

9:15 a.m. — Morning Activities: Learn STEM skills. Create STEM themed projects based on assignment. Clean up.

11:50 a.m. — Lunch

1:00 p.m. — Afternoon Activities: games, crafts and other J Camp Activities.

2:00 p.m. - Swimming

3:45 p.m. — Get ready to go home.

Theatre Camp at The J

Basic Theatre Camp Information

- **Attendance:** Regular attendance is mandatory for the success of the final performance. Every person will have an important role—usually, more than one—and other Campers will be depending on you! **Please do not miss more than one day of Camp. If more absences are expected, please contact the Director.**
- **Please arrive on time! We start rehearsals most mornings at 9:15 a.m.**
- **Auditions:** Featured parts are assigned based on age-appropriate auditions and will be changed if attendance warrants.
- **Clothes:** Wear comfortable clothes that allow you to move and dance. The building is often cold, so bring "sleeves."
- **What to Bring Each Day:** Water Bottle and your script

Road to Broadway – Seussical KIDS!

Entering 3rd–7th Grade

Weeks 2 and 3: June 9-20 - Must enroll for two-week session.

J Camp Road to Broadway will be rehearsing and performing Seussical KIDS! This two-week Camp includes auditions, learning lines, blocking, and lots of singing and dancing! We will put together a show and end our two-week experience by performing our show for friends and family. Theatre Campers go swimming each afternoon, participate in archery, crafts and other J Camp activities. Campers will also go on a field trip.

Summer Stock Theatre Camp – Annie JR!

Entering 4th–8th Grade

Weeks 6-9: July 7-August 1 - Must enroll for and attend the four-week session

J Camp Summer Stock will be rehearsing and performing the musical Annie JR! This four-week Camp has everything from auditions, learning lines, blocking, singing, and dancing! The Campers will spend their time at Camp in preparation for their final performance in the beautiful White Theatre with full lights, sound, and great costumes. We will go swimming each afternoon and participate in archery, crafts and other J Camp activities. We will also go on a field trip.

Attendance Policy for Theatre Camps: We ask that those enrolling for Theatre Camp programs plan to be available to attend each day of Theatre Camp and attend for the full day. (9:00 a.m. – 3:45 p.m.). Theatre is a group activity, and it is difficult if campers are not available for all the rehearsals. We understand things come up and if they do, please let us know, so we can determine the next steps. If you have questions, please contact Barry Birkmeyer, barrybirk@thejkc.org.

A Day in the Life of a Theatre Camper

Every week is different, but here's a sampling of the schedule for Theatre Campers.

9:15 a.m. — Morning Rehearsals start at 9:15. Please be on time. We will rehearse most of the morning.

12:20 p.m. — Lunch

1:00 p.m. — Swimming

2:00 p.m. - J Camp Activities and more Rehearsals.

3:45 p.m. — Get ready to go home.

Triathlon Camp at The J

Basic Triathlon Camp Information – Two-week Session – Must enroll for both weeks

Weeks 1 and 2: June 3-6 (4-day week) and June 9-13 Monday-Friday 9 a.m. – 4 p.m.

- Triathlon Camp emphasizes goal setting, self-respect and personal best along with healthy lifestyles and competition.
- Campers must come on the first day of Tri Camp with the ability to ride and steer a 2-wheeled bike unassisted, and know how to swim and can swim the length of the J pool. (50 meters)
- **Attendance:** Regular attendance will ensure that your child doesn't miss out on any important sessions. Each day is dedicated to building your child's readiness and excitement for participating in youth triathlons. And build your child's stamina.
- **Absence:** If your child needs to be absent, please contact the Camp Office (913-327-8060) prior to their absence.
- **Clothes:** Wear cool, light-weight clothing with running shoes and socks. Hats and bandanas are encouraged.
- **Swimming:** We will plan to swim twice daily. Our first swim is scheduled for 9:30 a.m., so your child may wear your swimsuit under your clothing, and please bring dry clothes.
- **Bikes:** Campers must have an **appropriately sized bike and bike helmet**. Please plan to bring your bicycle and bike helmet on **Tuesday June 3**. The bikes will be kept at the Jewish Community Campus until the Tri Camp Triathlon on Thursday morning June 12. The bikes will be stored inside the building at night to keep them safe. If you have any questions about the condition or appropriateness of your bike or helmet, please talk with the Co-Directors, Garrett Reimche and Lily Slemmons or Barry Birkmeyer.
- **What to Bring:** Water bottle, hat, swimsuit and towel, sunscreen, and lunch. Swim shirts are encouraged. You may also bring some energy snacks, however, please NO nuts or nut products.

Triathlon Camp Will include:

- ❖ Daily running, morning swimming workout, and recreational swimming.
- ❖ Daily endurance training.
- ❖ Bike safety and conditioning.
- ❖ Campers will also have a chance to participate in games, crafts, archery, and other J Camp activities.
- ❖ Campers will participate in a field trip each week that will help them with their conditioning.
- ❖ Campers will go on a 13-mile bike ride during the second week; roughly 6.5 miles out, a rest, and then 6.5 miles back.

Important Dates		
Triathlon Camp Lake Swim Friday, June 6 Triathlon Campers will be going to Kill Creek Park Beach on Friday, June 6th, to run and to practice lake swimming. Some Triathlons have lake swimming instead of pool swimming, so this is good practice. We will do some running and then practice swimming in the lake, with lifeguard supervision. We will also have fun on the Beach and at Kill Creek Park.	Triathlon Camp Mini Triathlon Thursday, June 12 9:30 to 11:00 a.m. Campers will swim, bike and run age-appropriate distances as a culmination to Triathlon Camp. Parents are welcome and encouraged to attend! Campers under the age of 10 will run 1 mile, swim 100 meters and bike 1.75 miles. Campers age 10 and over will run 2 miles, swim 200 meters and bike 2.25 miles.	The J's Youth Triathlon The J has decided not to host the Youth Tri this year.

A Day in the Life of a Triathlon Camper

Every week is different, but here's a sampling of the schedule for Triathlon Campers. We will divide into two groups. Part of the day will be spent swimming, running or biking. Part of the day we will be swimming and participating in J Camp activities, like archery, STEM, and Art.

9:15 a.m. — Morning activities – Swimming, running or biking and J Camp activities.

12:20 p.m. — Lunch

1:00 p.m. — Afternoon Activities: Swimming, Camp Activities and more running or biking.

3:45 p.m. — Get ready to go home.



Authorization for Dispensing Medications to Children and Youth Short-Term Medications (Prescription and Non-Prescription)

Prescription medication must be in their original containers labeled with the child's/youth's first and last name; the name of the licensed physician, physician assistant (PA), or advanced practice registered nurse (APRN) who ordered the medication; the date the prescription was filled; the expiration date of the medication; and specific, legible instructions for administration and storage of the medication. Administer the medication only to the child/youth designated on the prescription label in accordance with the instructions on the label. **Non-prescription medications** can be given with written permission and direction from the parent or legal guardian. Administer nonprescription medication from the original container labeled with the first and last name of the child/youth and according to the instructions on the label.

Medication #1			Medication #2		
First and Last Name of Child/Youth	Date of Birth		First and Last Name of Child/Youth	Date of Birth	
Name of Medication			Name of Medication		
Reason for Medication			Reason for Medication		
Dose	Time to be Given	Stop Date	Dose	Time to be Given	Stop Date
Name of Licensed Physician/PA/APRN prescribing the medication (_____)			Name of Licensed Physician/PA/APRN prescribing the medication (_____)		
Phone Number of Physician, PA, or APRN			Phone Number of Physician, PA or APRN		
I allow the above medication to be given to my child/youth by the designated person.			I allow the above medication to be given to my child/youth by the designated person.		
Parent's Signature		Date	Parent's Signature		Date

THIS FORM IS TO BE USED TO DOCUMENT ADMINISTRATION OF ONLY THE MEDICATION(S) IDENTIFIED ABOVE. Designated Person to note any comments or remarks about the child's/youth's appearance on the back of this form.

***Each designated person administering medication is to sign on the back side of this form and identify initials used above.**



Authorization for Dispensing Medications to Children and Youth Long-Term Medications (Prescription and Non-Prescription)

Prescription medications must be in their original containers labeled with the child's/youth's first and last name; the name of the licensed physician, physician assistant (PA), or advanced practice registered nurse (APRN) who ordered the medication; the date the prescription was filled; the expiration date of the medication; and specific, legible instructions for administration and storage of the medication. Administer the medication only to the child designated on the prescription label in accordance with the instructions on the label. **Non-prescription medications** can be given with written permission and direction from the parent or legal guardian. Administer nonprescription medication from the original container labeled with the first and last name of the child/youth and according to the instructions on the label.

First and Last Name of Child/Youth	Date of Birth		
Name of Medication (only one medication per authorization)	Prescription OR Non Prescription		
Reason for Medication			
Dose	Time to be Given	Start Date	Stop Date**
Name of Licensed Physician, PA or APRN prescribing the medication		Phone # of Physician, PA or APRN	
I allow the above medication to be given to my child/youth by the designated person.			
Parent's Signature		Date Signed	

****Stop date not to exceed one year from the start date. A new authorization is to be completed any time the medication, dosage, times to be given, or instructions from the parent or health care provider change from the information included on this form. Additional copies of this form may be attached to this page if more space is needed to record the administration of the medication for up to one year if there are no changes in instructions. Above information must be completed on each page but the parent's signature is required only once per year.**

THIS FORM IS TO BE USED TO DOCUMENT ADMINISTRATION OF ONLY THE MEDICATION IDENTIFIED ABOVE. Designated Person to note any comments or remarks about the child's/youth's appearance and/or condition on the back of the form.

*Each designated person administering medication is to sign on the back side of this form and identify initials used above.



Camp Store - Order Form 2025

J Camp Store items can be ordered when you enroll in J Camp, or you can complete this order form and return it to Campinfo@thejkc.org.

All items will be delivered by the first Tuesday your child is in J Camp

Camper's Name: _____

STORE ITEMS

QUANTITY

Cinch Bag w/ J Camp Logo: Drawstring backpack with large colorful main storage compartment, additional black front zip pocket and cinch up closer. Two-tone color design, front pocket and headphone slot.	_____ # of purple cinch bags @ \$7 _____ # of blue cinch bags @ \$7 _____ # of red cinch bags @ \$7
Backpack Tag: Help your camper keep track of their stuff in STYLE! Printed tag with your camper's name and this year's logo! Easy to attach to their backpack. Name to appear on tag: _____	_____ # of backpack tags @ \$3
Water Bottle w/ J Camp Logo: This BPA free, 20 oz. capacity water bottle has a wide-mouth design that makes it easy to add ice cubes and has a push-pull lid to prevent leaks. Top rack dishwasher safe. <i>Comes in Blue</i>	_____ # of water bottles @ \$5
J Camp Wristband: Add to your wristband collection! These blue & white swirled silicone wristbands say J Camp on them.	_____ # of J Camp wristbands @ \$2.50
Barney Goodman Wristband: Add to your wristband collection! These green, blue and yellow swirled silicone wristbands say J Camp and Barney Goodman on them.	_____ # of Barney Goodman wristbands @ \$2.50
Sports Camp Wristband: Add to your wristband collection! These blue and black swirled silicone wristbands say J Camp and Sports Camp on them.	_____ # of Sports Camp wristbands @ \$2.50
J Camp Pop It: A colorful 5.5" J Camp Pop It which will give kids lots of fidget fun! <i>Comes in Rainbow</i>	_____ # of Pop Its @ \$4.50
J Camp Frisbee: A colorful blue and red J Camp Frisbee you can play with outside!	_____ # of Frisbees @ \$4



Parent Name: _____ Phone: _____

Circle: Check / MC / Visa / Disc # _____

Amount enclosed: _____ Exp. Date: _____

Charge card on file

Signature: _____

Jewish Community Center of Greater Kansas City • JCampKC.org

May 26 No Camp Memorial Day	May 27 Beef Soft Taco Spanish Rice Peas & Carrots Mandarin Oranges	May 28 Meatball Sub Corn Tater Tots Mixed Fruit	May 29 Cheese Quesadilla Spanish Rice Melon	May 30 Cheese Pizza Garden Salad w/ Ranch Watermelon
June 2 No Camp Shavuot	June 3 Chicken Tenders Mashed Potatoes Grapes Asparagus	June 4 Spaghetti & Meatballs Garden Salad/with Ranch Applesauce	June 5 Mac & Cheese Green Beans Pineapple	June 6 Hamburger on Bun Baked Fries Corn Banana
June 9 Cheese Pizza Garden Salad w/ Ranch Watermelon	June 10 Beef Soft Taco Spanish Rice Peas & Carrots Mandarin Oranges	June 11 Meatball Sub Corn Tater Tots Mixed Fruit	June 12 Cheese Quesadilla Spanish Rice Melon	June 13 Pancake Turkey Sausage Scrambled Eggs Orange Wedges
June 16 Chicken Tenders Mashed Potatoes Grapes Asparagus	June 17 Cheese Ravioli Breadstick Carrots & Ranch Peaches	June 18 Spaghetti & Meatballs Garden Salad/with Ranch Applesauce	June 19 Mac & Cheese Green Beans Pineapple	June 20 Hamburger on Bun Baked Fries Corn Banana
June 23 Cheese Pizza Garden Salad w/ Ranch Watermelon	June 24 Beef Soft Taco Spanish Rice Peas & Carrots Mandarin Oranges	June 25 Meatball Sub Corn Tater Tots Mixed Fruit	June 26 Cheese Quesadilla Spanish Rice Melon	June 27 French Toast Turkey Sausage Scrambled Eggs Orange Wedges
June 30 Chicken Tenders Mashed Potatoes Grapes Asparagus	July 1 Cheese Ravioli Breadstick Carrots & Ranch Peaches	July 2 Spaghetti & Meatballs Garden Salad/with Ranch Applesauce	July 3 Mac & Cheese Green Beans Pineapple	July 4 No Camp Independence Day
July 7 Cheese Pizza Garden Salad w/ Ranch Watermelon	July 8 Beef Soft Taco Spanish Rice Peas & Carrots Mandarin Oranges	July 9 Meatball Sub Corn Tater Tots Mixed Fruit	July 10 Cheese Quesadilla Spanish Rice Melon	July 11 Pancake Turkey Sausage Scrambled Eggs Orange Wedges

July 14 Chicken Tenders Mashed Potatoes Grapes Asparagus	July 15 Cheese Ravioli Breadstick Carrots & Ranch Peaches	July 16 Spaghetti & Meatballs Garden Salad/with Ranch Applesauce	July 17 Mac & Cheese Green Beans Pineapple	July 18 Hamburger on Bun Baked Fries Corn Banana
July 21 Cheese Pizza Garden Salad w/ Ranch Watermelon	July 22 Beef Soft Taco Spanish Rice Peas & Carrots Mandarin Oranges	July 23 Meatball Sub Corn Tater Tots Mixed Fruit	July 24 Cheese Quesadilla Spanish Rice Melon	July 25 French Toast Turkey Sausage Scrambled Eggs Orange Wedges
July 28 Chicken Tenders Mashed Potatoes Grapes Asparagus	July 29 Cheese Ravioli Breadstick Carrots & Ranch Peaches	July 30 Spaghetti & Meatballs Garden Salad/with Ranch Applesauce	July 31 Mac & Cheese Green Beans Pineapple	Aug. 1 Hamburger on Bun Baked Fries Corn Banana
Aug. 4 Cheese Pizza Garden Salad w/ Ranch Watermelon	Aug. 5 Beef Soft Taco Spanish Rice Peas & Carrots Mandarin Oranges	Aug. 6 Meatball Sub Corn Tater Tots Mixed Fruit	Aug. 7 Cheese Quesadilla Spanish Rice Melon	Aug. 8 Pancake Turkey Sausage Scrambled Eggs Orange Wedges



Optional Lunch Enrollment Form - 2025

During J Camp and special sessions, campers can choose to bring their own lunch or pre-order purchase through CampDoc or this form. Due to the nature of the program, lunch is not available for Ma'asim Tovim campers and Challenge Camp.

Purchasing Lunch

- » Two options for ordering lunch:
 - » Hy-Vee will provide a kosher-style meal that will not contain nuts.
 - » The J Heritage Center Kitchen will provide a Vaad supervised Kosher lunch that will not contain nuts.
- » Lunches are sold on a pre-order basis by the full week or MWF campers can choose that option. Ma'asim Tovim campers can purchase lunch during July Jamboree only.

Order lunch through CampDoc Online registration, or return this form to The J's Front Reception Desk.
Or, scan and email to CampInfo@thejkc.org

		Monday		Tuesday		Wednesday		Thursday		Friday		
		Meatball Sub	Corn, Tator Tots	Mac & Cheese	Carrots	Chicken Strips	Cole Slaw, Applesauce	Cheese Pizza	Garden Salad	Cheese Quesadilla	Spanish Rice	
		Mixed Fruit		Mandarin Oranges		Roll w/butter		Watermelon		Melon		
J Camper	School -Age	pre-Week: 5/27-5/30	Week 1: 6/3-6/6	Week 2: 6/9-6/13	Week 3: 6/16-6/20	Week 4: 6/23-6/27	Week 5: 6/30-7/3	Week 6: 7/7-7/11	Week 7: 7/14-7/18	Week 8: 7/21-7/25	Week 9: 7/28-8/1	Week 10: 8/4-8/8
Name of Child:		Tu-F \$30	Tu-F \$30 T,Th,F \$22.50	M-F \$37.50 MW \$22.50	M-F \$37.50 MW \$22.50	M-F \$37.50 MW \$22.50	M- Th \$30	M-F \$37.50 MW \$22.50				
Name of Child:		Tu-F \$30	Tu-F \$30 T,Th,F \$22.50	M-F \$37.50 MW \$22.50	M-F \$37.50 MW \$22.50	M-F \$37.50 MW \$22.50	M- Th \$30	M-F \$37.50 MW \$22.50				

		Monday		Tuesday		Wednesday		Thursday		Friday		
		Chicken nuggets	Peas, French Fries, Pears	Cheese Pizza, Tossed Salad, Grapes		Hot dog, baked beans, honeydew, condiments		Cheese quesadilla, salsa, black beans + corn, apples		Fish sticks, rice, carrots, pineapple		
		pre-Week: 5/27-5/30	Week 1: 6/3-6/6	Week 2: 6/9-6/13	Week 3: 6/16-6/20	Week 4: 6/23-6/27	Week 5: 6/30-7/3	Week 6: 7/7-7/11	Week 7: 7/14-7/18	Week 8: 7/21-7/25	Week 9: 7/28-8/1	Week 10: 8/4-8/8
Name of Child:		Tu-F \$36	Tu-F \$36 Tu, Th, F \$27	M-F \$45 MW \$27	M-F \$45 MW \$27	M-F \$45 MW \$27	M- Th \$36	M-F \$45 MW \$27	M-F \$45 MW \$27	M-F \$45 MW \$27	M-F \$45 MW \$27	
Name of Child:		Tu-F \$36	Tu-F \$36 Tu, Th, F \$27	M-F \$45 MW \$27	M-F \$45 MW \$27	M-F \$45 MW \$27	M- Th \$36	M-F \$45 MW \$27	M-F \$45 MW \$27	M-F \$45 MW \$27	M-F \$45 MW \$27	

Amount enclosed: \$	Circle One: <input checked="" type="checkbox"/> MC <input type="checkbox"/> VISA <input type="checkbox"/> Discover	Card #: <input type="checkbox"/> Credit Card on File with CampDoc	Exp Date: CCV:
Please print parent/guardian name and day phone #			
Please SIGN for transaction approval			

Sample Hy-Vee kosher-style
Lunch Menu

Sample – Heritage Center Kitchen
Vaad Supervised Kosher Lunch Menu

Sample Kosher Menu

Kosher meals are prepared by The J Heritage Kitchen and are Vaad supervised.

5 Week Menu Rotation

- Entrees will rotate out with the changing seasons, fruit and veggies can change due to delivery and/or quality issues.
- Entrees may change depending on availability of meat and/or purveyor delivery ability (some items are special order and take different lead times).
- Other entrees can be subbed in (not all options fit in a 5 week rotation (pizza, meatballs, fish sandwich, meat chicken nuggets, asian chicken, little smokies and new menu items as they develop.
- Each lunch entrée below will have the appropriate fruit/veg/grain included that will fit with the menu and dietary needs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheesy Eggs	Pizza Bagel	Hot Dog	French Toast Sticks	Fish Sticks
Waffle	Veggie Chili	BBQ Chicken	Grilled Cheese & Tomato Soup	Beef Chili
Tuna Casserole	English Muffin Pizza	Sloppy Joe	Chicken & Rice	Pancake
Mac & Cheese	Cheese Quesadilla	Salami & Potatoes	Pasta & Meat Sauce	Meatball Sub
Chickenless Nuggets	Veggie Pasta Salad	Turkey Sandwich	Tilapia Fillet	Veggie Burger

